

# DeKalb County Community Mental Health Board

## 2015 Annual Report

The DeKalb County Community Mental Health Board (CMHB) plans, evaluates, coordinates, and funds mental health services in DeKalb County. Areas of services include mental or emotional disorders, alcohol or drug dependence and developmental disabilities. CMHB is the Mental Health Authority for the county.

The CMHB Mission is:

***Through leadership and funding, the DeKalb County Community Mental Health Board supports access to high quality behavioral healthcare services for DeKalb County residents.***

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**Community Mental Health Board Members  
(as of 3/1/16)**

**Mr. Charles Rose, President**

**Mr. Jerry Helland, Vice President**

**Dr. Marilyn Stromborg, Secretary**

**Ms. Dianne Leifheit, County Board Representative**

**Mr. Merlin Wessels**

**Mr. Richard Schluter**

**Ms. Jane Olson**

**Ms. Andi Andree**

**Ms. Sue Plote**

**Staff**

**Ms. Deanna L. Cada, Executive Director**

**Ms. Kathy Ostdick, Administrative Assistant**

## Annual Summary 2015

In 2015 there were a number of changes for the DeKalb County Community Mental Health Board (DCCMHB). Deanna Cada, the Executive Director started in January 2015 with 6 out of 9 Board members recently appointed in late 2014.

On April 9, 2015 a category E4 tornado decimated the town of Fairdale in DeKalb County, IL. The DCCMHB made a commitment to fund mental health services for victims of the tornado to manage the difficult emotions and trauma that occur as part of a natural disaster. The staff of the DCCMHB worked with the Sheriff's Department and the Emergency Services Disaster Coordinator to provide up-to-date information to the residents of Fairdale throughout the recovery and rebuilding phases of the disaster. The DCCMHB worked with local mental health providers to develop an updated Emergency Response Plan utilizing information learned from the Fairdale tornado experience. The Board hosted a Crisis Intervention Training for local providers. The DCCMHB has committed to the long term recovery of Fairdale by participating as a member of the DeKalb County Long Term Recovery Corporation (LTRC), and with the Spiritual/Emotional Subcommittee of the LTRC.

In May 2015 the DCCMHB worked with DeKalb County Board Chairman Mark Pietrowski, Jr. to introduce a resolution supporting the Stepping-Up Initiative. Stepping Up is a national initiative to reduce the number of people with mental illness in jails. The DeKalb County Board passed the resolution in May 2015. Through development of the Mental Health Coordinating Council this initiative is being implemented.

In September 2015 the DCCMHB co-hosted the first meeting of the Mental Health Coordinating Council. The Mental Health Coordinating Council came out of a planning group that included: the Honorable Judge Robbin Stuckert, 23<sup>rd</sup> Circuit, Michael Douglas, Director, DeKalb County Drug Court, Eileen Dubin, Retired, Former County Board & Former 708 Board Member, Jack King, NIU, Internship Coordinator, College of Liberal Arts & Sciences and Deanna Cada, Executive Director, DeKalb County

Community Mental Health Board. The planning committee noted that conversations around mental health issues were occurring in many areas of DeKalb County; as part of the DeKalb County jail expansion project, planning for a Mental Health Court and citizen concerns about the overrepresentation of people with mental illness in the jail. That initial meeting lead to a full Mental Health Summit held on December 2, 2015 with over 68 stakeholders in attendance. The purpose of the Summit was to examine the Sequential Intercept Model (a framework to identify resources and gaps that impact the criminal justice system), identify successful programs working in other communities, conduct sequential intercept mapping to identify resources and gaps at each intercept for DeKalb County and action planning to develop a list of priority responses. The Planning Committee is in the process of forming action committees.

The DCCMHB held a Board Retreat in July 2015 where the Board completed a SWOT (Strengths, Weaknesses, Opportunities, and Threats) exercise. Out of that exercise a DCCMHB One Year and Three Year Plans were developed; identifying goals and areas of priority for the next three years.

The DCCMHB staff gave presentations on the DCCMHB and mental health trends to DeKalb County Court Services, Sunrise Rotary, NIU Careers Class, Sycamore High School – Enrichment Speaker, DeKalb County Jail Solutions Committee, and the DeKalb County Health & Human Services Committee.

The Outcomes Committee, along with the DCCMHB continues to support outcomes reporting for all funded agencies. The Board is working with Dr. Alicia Schatteman, NIU to gather outcomes based measures from funded agencies. The Board, with facilitation from Dr. Schatteman, created and adopted a new mission statement.

A lot of time, energy and thoughtfulness went into the work of the DeKalb County Community Mental Health Board in 2015. A strong foundation has been laid to continue that work in 2016.

Charles Rose  
President  
DCCMHB

Deanna L. Cada  
Executive Director  
DCCMHB

## CMHB Funded Programs Fiscal Year 2015

<b>Adventure Works of DeKalb County</b>	Adventure therapy for at-risk youth
<b>Ben Gordon Center</b> (KishHealth System as of 11/1/15)	Emergency/Crisis & Screening Program Mental Health Services - Adult Mental Health Services - Child & Adolescent Child & Adolescent Psychiatry Salary Support Alcohol & Substance Abuse - Adult Alcohol & Substance Abuse - Child & Adolescent Community Education Response Line Prevention Community Employment Services-CES Assertive Community Treatment - PACT
<b>Children’s Home + Aid</b>	MH screenings & home support
<b>Consumer Advocacy Council of DeKalb Co.</b>	Consumer Special Needs Consumer Education
<b>DeKalb Co. Drug Court</b>	Drug Ct psych eval, medications Drug Ct Inpatient admission fee
<b>DeKalb County Sheriff’s Dept.</b>	Jail Based Services
<b>DeKalb County Youth Service Bureau</b>	Early Intervention Program Youth Project Alternative to Suspension Program Youth & Family Counseling Program Psychiatry – fee-for-service
<b>Elder Care Services</b>	Senior Case Mgmt, Elder Abuse

## CMHB Funded Programs Fiscal Year 2015

<b>Epilepsy Foundation</b>	Epilepsy Services
<b>Family Service Agency</b>	Senior Mental Health Services General Counseling Scholarship Children's Advocacy Center Children's Adv. Ctr – Trauma Therapy Psychiatry – fee-for-service
<b>Hope Haven</b>	Case Mngr- Dresser Ct, Emer Shelter Full & Part-time counselor/security Life Skills Training Center and Psychiatry
<b>Open Door</b>	Day/Work Program
<b>Opportunity House, Inc.</b>	Work Services Developmental Training Supported Employment
<b>Safe Passage</b>	Residential/Shelter Crisis Intervention Partner Abuse Intervention Program Sexual Assault Services
<b>Voluntary Action Center</b>	Transportation Nutrition=
<b>Children's Community Theatre</b>	Penguin Project Penguin Players
<b>Multi-Agency Programs</b>	Psychiatric Evaluations Individual Care Grant Medication Grant

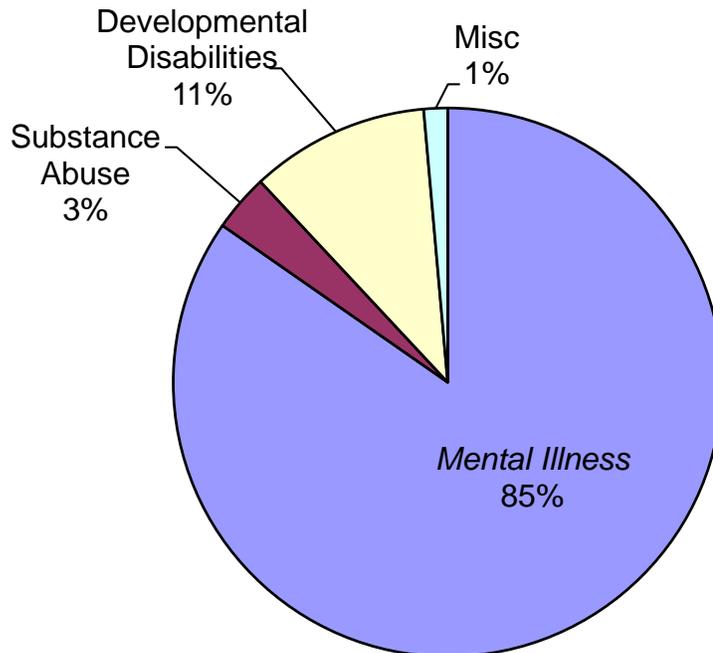
## Fiscal Year 2015 Revenue and Expense

Source: from FY2015 county revenue and expense – unaudited

<u>Revenues</u>	<u>Budget</u>	<u>Actual</u>
Taxes	2,373,500	2,366,931
Interest	7,000	9,433
Building Rental		4,801
Misc.		24
<b>Total Revenue</b>	<b>2,380,500</b>	<b>2,381,189</b>
<u>Expenditures</u>	<u>Budget</u>	<u>Actual</u>
Salaries	120,000	116,784
Deferred Compensation	2,000	0
FICA	9,200	7831
IMRF	13,800	12,940
Health Insurance	45,400	37,572
Life Insurance	200	158
HAS benefit		2,580
Unemployment Tax	200	200
Office Furniture & Sm Equipment	500	413
Computer Equipment	12,000	2,060
Building Modification	35,000	0
Capital Set-aside	20,000	7,997
School of Instruction	1,500	226
Travel	3,000	3,369
Meetings – Host expenses	2,500	1,746
Memberships	500	625
Public Notices	200	0
Maintenance – Equipment	1,200	1,234
COB rent/utilities	11,000	11,000
IMO/Computer support	300	300
Professional Services	7,000	546
Commercial Services	300	215
Software Acquisition	500	0
Contribution to Agencies	2,016,400	2,015,804
Special Projects	10,000	7,794
Disaster Assistance		20,920
Office Supplies	3,000	2,344
Postage	400	322
Copies – Outside	200	0
Books & Subscriptions	500	223
Miscellaneous	2,000	697
Contribution to: Sheriff's Dept	40,000	49,009
Contribution to: Asset Replc Fund	1,200	1,200
Contribution to: Drug Court	20,500	2,300
<b>Total Expenditures</b>	<b>2,380,500</b>	<b>2,308,409</b>

## Grant Year 2015 Funding Allocations by Type of Service

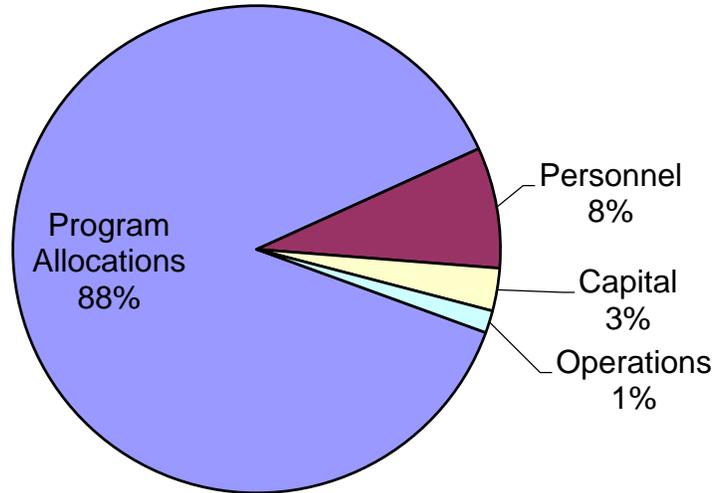
Mental Illness	\$ 1,632,800
Substance Abuse	65,000
Developmental Disability	203,300
Miscellaneous	27,000
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Total	\$ 1,928,100



Many programs serve more than one need. This breakout uses the primary need served in each category. Miscellaneous includes programs such as transportation, which serves all service groups.

## Fiscal Year 2015 Expenditures Chart

### Budgeted Expenditures 2015



Program Allocations	\$ 2,086,900
Personnel	\$190,800
Capital	\$67,500
Operations	\$35,300
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Total	\$ 2,380,500

## **One Year Plan 2016**

### Priority Areas:

- 1) Development of relationship with new Community Mental Health provider (KishHealth)
  - ❖ Planning with new Community Mental Health provider to develop and maintain programming that is of greatest need and benefit to the community
  - ❖ Utilizing the Mental Health Coordinating Council to provide data and evidence of areas of need in the Community
- 2) Improvement of the Grant Application and Process
  - ❖ Utilizing input from the DCCMHB Retreat and funded Agency Directors develop a simplified and efficient grant application and process
- 3) Board Education
- 4) Funding Process
  - ❖ Deciding on areas of funding priority and communication those priorities to funded agencies
- 5) Outcomes and Performance Management
  - ❖ Explore opportunities to build capacity for funded agencies to develop performance measurements and outcomes

## **Three Year Plan**

To view our Three Year Plan, go to our website at [www.dekalbcounty/mentalhealth](http://www.dekalbcounty/mentalhealth)