

Note: These minutes are not official until approved by the Health and Human Services Committee at a subsequent meeting. Please refer to the meeting minutes when these minutes are approved to obtain any changes to these minutes.

DeKalb County Government
Sycamore, Illinois

**Health & Human Services Committee Minutes
June 4, 2018**

The Health and Human Services Committee of the DeKalb County Board met on Monday, June 4, 2018 at 6:30 p.m. in the Administration Building's Conference Room East in Sycamore, Illinois. Chairman Little called the meeting to order. Those Members present included, Ms. Askins, Mrs. Emmer, Mr. Hughes, Mr. Porterfield, Mr. Reid, Mr. Whelan, and Chairman Little. A quorum was established with all seven Members present.

Others present were Deanna Cada and Jerry Helland.

APPROVAL OF THE AGENDA

It was moved by Mr. Hughes, seconded by Ms. Askins and it was carried unanimously to approve the agenda as presented.

APPROVAL OF THE MINUTES

It was moved by Mr. Whelan, seconded by Mrs. Emmer and it was carried unanimously to approve the minutes from the May 7, 2018 Committee Meeting.

PUBLIC COMMENTS

There were no public comments.

COMMUNITY MENTAL HEALTH BOARD ANNUAL REPORT

The Committee welcomed Community Mental Health Board (CMHB) Director Deanna Cada and Board President Jerry Helland to the table to provide them with their Annual Report. Mr. Helland began the presentation by recapping many of the events and accomplishments that were made by the Mental Health Board last year all while celebrating their 50th Anniversary. He also spoke very highly of the current Mental Health Board and described how the Members make up a great representation from throughout the entire County which is very important.

Ms. Cada reported that the DeKalb County CMHB continued to support local organization who serve in the areas of mental health, substance use disorder and developmental disabilities. The State of Illinois enacted a budget after a two-year impasse in July 2017. The CMHB continued to be a steady source of funding during the impasse. The biggest thing that the CMHB does is grant making. They generally have between \$2.1 million to \$2.4 million to grant out to mental health/behavioral healthcare agencies and they take that very seriously. They understand they are utilizing tax dollars and it is important to the Board that they are being utilized in the best possible way to support those who are need of services in DeKalb County. The Board has also been an increased amount of money out to the community that has otherwise been sitting in an unallocated reserve fund.

Grant year 2018 application cycle started in January 2017. Six agencies new to the CMHB applied for funds, two received funding. As agencies continue to turn to the CMHB for stable funding, it continues to be a competitive grant cycle with requests exceeding funds available by \$450,700.

The CMHB worked with a number of local stakeholders as 211 Champions to support the Kishwaukee United Way's 211 initiative. 211 is a phone number that connects people to information about services and resources available in their community. The number is available 24 hours a day, seven days a week. The live operators are trained and certified for coordinated program referrals and disaster recovery. 211 was launched in DeKalb County on June 14, 2017. The 211 Champions Committee continues to meet on a quarterly basis to review 211 utilization and continue marketing 211 to the community.

The CMHB celebrated their 50th Anniversary of when the taxpayers of DeKalb County passed a referendum to allow for the creation of the Mental Health Board. As part of the celebration, the CMHB and Ben Gordon Center a part of Northwestern Medicine partnered up to host free Mental Health First Aid workshops for the citizens of DeKalb County. Five workshops were held in 2017 resulting in approximately 125 people receiving this important training. The demand for the trainings continues and the CMHB is committed to continuing this opportunity into 2018. They also hosted a 50th Anniversary celebration event on October 10, 2017 at the Egyptian Theatre. The event highlighted the National Alliance on Mental Illness (NAMI) Program: Ending the Silence followed by a Mental Health Panel made up of local mental health professionals and consumers.

Ms. Cada continued by reporting that the CMHB continues their partnership with the DeKalb County Juvenile Justice Council to provide Trauma Informed training to stakeholders in DeKalb County. A Trauma II event was held to give those who received foundational trauma informed training a next level look at how to increase trauma informed practices. On November 3, 2017, a Strategic Planning Session was held that identified three goals for DeKalb County moving forward. Goal 1: Establish a screening process for pre-k students impacted by trauma. Screen or identify youth by age 3 and engage in appropriate services, Goal 2: Create a law enforcement trauma-informed training program for all officers, dispatchers, and office personnel (Collaborative training with law enforcement and key mental health agencies, Goal 3: Create a clearly defined system (brochure) of behavioral healthcare services so the community has knowledge of what is available and easy to access to appropriate care. The Trauma-Informed Committee is an official subcommittee of the Juvenile Justice Council and will continue to work toward meeting the identified goals in 2018.

The CMHB partnered with the City of DeKalb Police Department and Justice on a Mental Health Collaboration Program Grant; Strategic Planning for Law Enforcement and Mental Health Collaboration offered by the U.S. Department of Justice. The grant was approved and the process has started to design a community law enforcement mental health collaboration strategy to improve responses to, and connections to services for, people with mental health and co-occurring disorders by conducting a comprehensive agency assessment of policy and practice, developing an agency training plan, building and maintaining a data collection system and partnering with mental health and the community. The first step is hiring a Grant Manager to carry out the logistics of the grant and the strategic planning process will take place in 2018. The "dream" Ms. Cada shared is to have a Triage Center so that individuals would not have to be taken to the Emergency Room or the County Jail if they are in need of assistance.

Priorities and goals looking ahead for the CMHB are to: develop a contract review process, policy and procedure to perform in-office and on-site contract review with funded agencies; develop an annual practice to identify areas of proactive funding priority including needs

Note: These minutes are not official until approved by the Health and Human Services Committee at a subsequent meeting. Please refer to the meeting minutes when these minutes are approved to obtain any changes to these minutes.

identification, collaborative funding opportunities and formalize process through funding agencies, explore; develop and potentially fund areas of access to service for young (0-7 years) children; explore, development and potentially fund areas of transportation for citizens needing behavioral healthcare services and support services; and explore, develop and potentially fund areas of mental health needs in relation to violence (including gun violence), anger and stigma.

The Committee, Mr. Helland, and Ms. Cada discussed all the activities that the CMHB have been involved with recently and they also talked about the CMHB's relationship with Northwestern Medicine. Ms. Cada noted that the communication and responsiveness with Ben Gordon has been absolutely great since Northwestern took over but there are still many concerns with the hospital. The Committee expressed to Ms. Cada that they wanted to be kept up to date on the hospital's status of working with outside agencies and how their discharging plans are working. They also thanked Ms. Cada and Mr. Helland for joining them and provided them with an update on the DeKalb County Mental Health Board.

It was reminded that the Committee's next meeting would be Monday, August 6th due to the County Board's Summer Recess.

ADJOURNMENT

It was moved by Mr. Porterfield, seconded by Mr. Whelan, and it was carried unanimously to adjourn the meeting.

Respectfully submitted,

Maureen Little, Chairman

Tasha Sims, Recording Secretary