

## **DeKalb County Community Mental Health Board 2017 Annual Report**

The DeKalb County Community Mental Health Board (CMHB) plans, evaluates, coordinates, and funds mental health services in DeKalb County. Areas of services include mental or emotional disorders, alcohol or drug dependence and developmental disabilities. CMHB provides stewardship of tax payer dollars for the areas of funded service.

The CMHB Mission is:

*Through leadership and funding, the DeKalb County Community Mental Health Board supports access to high quality behavioral healthcare services for DeKalb County residents.*

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## Annual Summary 2017

The DeKalb County Community Mental Health Board (DCCMHB) continued to support local organizations who serve in the areas of mental health, substance use disorder and developmental disabilities. The State of Illinois enacted a budget after a two-year impasse in July 2017. The DCCMHB continued to be a steady source of funding during the impasse

Grant year 2018 application cycle started in January 2017. Six agencies new to the DCCMHB applied for funds, two received funding. As agencies continue to turn to the DCCMHB for stable funding, it continues to be a competitive grant cycle with requests exceeding funds available by \$450,700.

The DCCMHB worked with a number of local stakeholders as 211 Champions to support the Kishwaukee United Way's 211 initiative. 211 is a phone number that connects people to information about services and resources available in their community. The number is available 24 hours a day, seven days a week. The live operators are trained and certified for coordinated program referrals and disaster recovery. 211 was launched in DeKalb County on June 14, 2017. The 211 Champions committee continues to meet on a quarterly basis to review 211 utilization and continue marketing 211 to the community.

The DCCMHB celebrated their 50-year anniversary of when the taxpayers of DeKalb County passed a referendum to allow for the creation of a mental health board. As part of the celebration, DCCMHB partnered with Ben Gordon Center a part of Northwestern Medicine to host free Mental Health First Aid (MHFA) workshops for the citizens of DeKalb County. Five MHFA workshops were held in 2017 resulting in approximately 125 people receiving this important training. The demand for MHFA continues and the DCCMHB is committed to continuing this opportunity into 2018. The DCCMHB hosted a 50<sup>th</sup> Anniversary celebration event on October 10, 2017 at the Egyptian Theatre. The event highlighted the National Alliance on Mental Illness (NAMI) program: Ending the Silence followed by a Mental Health Panel made up of local mental health professionals and consumers. The information presented was valuable and relatable and the evening was enjoyed by all who attended.

The DCCMHB continues the partnership with the DeKalb County Juvenile Justice Council to provide Trauma Informed training to stakeholders in DeKalb County. A Trauma II event was held to give those who received foundational trauma informed training a next level look at how to increase trauma informed practices. On November 3, 2017 at Strategic Planning Session was held that identified three goals for DeKalb County moving forward. Goal 1: Establish a screening process for pre-k students impacted by trauma. Screen or identify youth by age 3 and engage in appropriate services, Goal 2: Create a law enforcement trauma-informed training program for all officers, dispatchers, and office personnel (Collaborative training with law enforcement and key mental health agencies), Goal 3: Create a clearly defined system of behavioral healthcare services so the community has knowledge of what is available and easy access to appropriate care. The Trauma-Informed Committee is an official subcommittee of the Juvenile Justice Council and will continue to work toward meeting the identified goals in 2018.

The DCCMHB partnered with the City of DeKalb Police Department on a Justice and Mental Health Collaboration Program Grant; Strategic Planning for Law Enforcement and Mental Health Collaboration offered by the U.S. Department of Justice. The grant was approved and the process has started to design a community law enforcement mental health collaboration strategy to improve responses to, and connections to services for, people with mental health and co-occurring disorders by conducting a comprehensive agency assessment of policy and practice, developing an agency training plan, building and maintain a data collection system and partnering with mental health and the community. The first step is hiring a Grant Manager to carry out the logistics of the grant and the strategic planning process will take place in 2018.

The DCCMHB is committed to the mission of "Through leadership and funding the DCCMHB supports access to high quality behavioral healthcare services for DeKalb County residents". The DCCMHB welcomes two new members; Jennie Geltz and Robert Cook who offer unique perspectives to the Board based on their backgrounds, employment and geographical diversity. The DCCMHB remains a stable source of funding and a resource to behavioral healthcare agencies throughout DeKalb County.

Jerald Helland  
President  
DCCMHB

Deanna L. Cada  
Executive Director  
DCCMHB

## **Community Mental Health Board Members**

(as of 5/1/18)

**Mr. Jerald Helland**, President

**Ms. Jane Smith**, Vice President

**Dr. Marilyn Stromborg**, Secretary

**Ms. Laurie Emmer**, County Board  
Representative

**Mr. Richard Schluter**

**Ms. Sue Plote**

**Ms. Meghan Cook**

**Ms. Jennie Geltz**

**Mr. Robert Cook**

### Staff

**Ms. Deanna Cada**, Executive Director

**Ms. Kathy Ostdick**, Administrative Asst.

**One Year Plan 2018**  
**Priority Areas and Activities 2018 – Goals and Objectives:**

- 1) Grant Accountability:
  - a. Develop a Contract Review process, policy and procedure to perform in-office and on-site contract reviews with funded agencies.
  - b. Purpose of Contract Review is funding accountability and transparency.
- 2) Funding Priorities:
  - a. Develop an annual practice to identify areas of proactive funding priority including needs identification, collaborative funding opportunities and formalize process through funding guidelines.
- 3) Prioritization of Access to Service:
  - a. Explore, develop and potentially fund areas of access to service for young (0 – 7 years) children.
    - i. Identify gaps in services for 0 – 7 year old children.
    - ii. Working with agencies and potential funders, develop a response to gaps within the community.
    - iii. Work with agencies to identify professional development needs and coordinate professional development opportunities.
  - b. Explore, develop and potentially fund areas of transportation for citizens needing behavioral healthcare services and supportive services.
    - i. Participate in community conversations about transportation needs within DeKalb County, including identifying needs and community support solutions.
    - ii. Encourage and support collaboration solutions to transportation issues in DeKalb County.
  - c. Explore, develop and potentially fund areas of mental health needs in relation to violence (including gun violence), anger and stigma.
    - i. Develop partnerships with schools, law enforcement and social service agencies to provide access to services for those students identified needing behavioral healthcare support.
    - ii. Continue partnership with the DeKalb County Juvenile Justice Council Trauma-informed Committee to support strategies and policies for community organizations that are trauma-informed.
    - iii. In conjunction with current Mental Health First Aid workshops, identify ways to educate the community about mental health and work toward elimination of stigma.

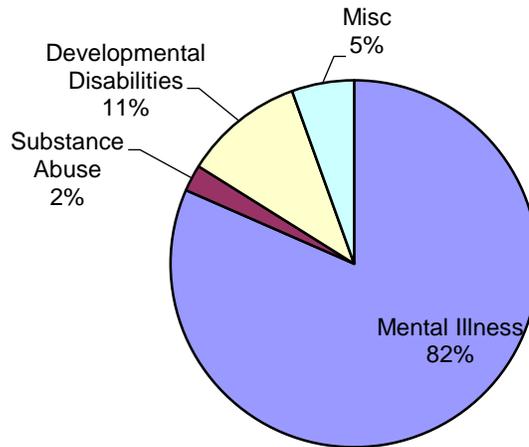
## CMHB Funded Programs Fiscal Year 2017

<b>Adventure Works of DeKalb Co.</b>	Adventure therapy for at-risk youth	\$75,000
<b>Associates for Individual Development (AID)</b>	DeK Co Mental/Behavioral Health Services	\$68,800
<b>Ben Gordon Center</b> (Northwestern Medicine As of 12/1/15)	Emergency/Crisis & Screening Prog.	\$150,000
	Medical Services–Psychiatry (Grant)	\$278,000
	Community Employment Services	\$40,000
	Mental Health Services – Adult	\$48,000
	Case Management Program (Grant)	\$16,000
	Community Support Program	\$25,000
	Medical Services – Psychiatry (fee)	\$18,000
	Response Line	\$17,500
	Mental Health Services – Youth	\$13,000
	Prevention/Education Services	\$15,000
	Psychological Testing Program	\$14,500
	Alcohol & Substance Abuse – Adult	\$14,000
	Mental Health Services – Youth	\$2,000
<b>Children’s Community Theatre</b>	Penguin Players and Penguin Project	\$18,000
<b>Children’s Home + Aid</b>	Healthy Families Illinois	\$25,000
<b>Consumer Advocacy Council of DeKalb Co.</b>	Consumer Special Needs Consumer Education	\$20,000
<b>DeKalb Co. Comm. Action</b>	Juvenile Justice Council Coordinator	\$32,200
<b>DeKalb Co. Comm. Gardens</b>	Walnut Grove Farm Project	\$36,300
<b>DeKalb Co. Drug Court</b>	Residential & Trtmnt Assistance Peer support person	\$20,000 \$14,000
<b>DeKalb Co Health Dept.</b>	Healthcare Enrollment Assistant	\$27,300
<b>DeKalb Co. Sheriff’s Dept.</b>	Jail Based Services	\$50,000
<b>DeKalb County Youth Service Bureau</b>	Youth and Family Counseling Early Intervention Program Youth Project Trauma Support	\$120,000 \$43,900 \$41,500 \$5,000
<b>Elder Care Services</b>	Care Coordination Program Adult Protective Services Self-neglect Program	\$52,000 \$44,000 \$20,000
<b>Epilepsy Foundation</b>	Epilepsy Services	\$30,000
<b>Family Service Agency</b>	Counseling, Sr. Mental Health, CAC, CAC Trauma Therapy Clinical Director Supt.	\$140,500 \$55,000
<b>Gracie Center</b>	Vocational Skills Development	\$20,950

<b>Hope Haven</b>	Dresser Court Services	\$186,700
	Life Skills Training Center	\$177,573
	Psychiatry	\$20,000
<b>Open Door</b>	Administrative Support	\$55,300
<b>Opportunity House, Inc.</b>	Admin Supt/Special Olympics	\$50,000
	Admin Supt/Supported Emplmnt	\$53,000
<b>Safe Passage</b>	Transitional Housing Program	\$45,000
	Residential Program	\$27,400
	Domestic Violence Program	\$27,400
	Sexual Assault Program	\$31,100
	Prevention Program	\$25,000
<b>Voluntary Action Center</b>	Transportation	\$45,000
	Nutrition	\$24,000
<b>Youth Outlook</b>	DeKalb Drop-In Center	\$10,000
<b>Multi-Agency Programs</b>	Psychiatric Evaluations	\$15,000
	Individual Care Grant	\$2,000
	Medication Grant	\$40,000
	Training Grant	\$25,000
	Continuation of Outcomes Project	\$15,000

## Grant Year 2017 Funding Allocations by Type of Service

Mental Illness	\$ 2,026,873
Substance Abuse	58,200
Developmental Disability	263,550
Multi-supportive Services	136,300
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Total	\$ 2,484,923



Many programs serve more than one need. This breakout uses the primary need served in each category. Miscellaneous includes programs such as transportation, which serves all service groups.

## **Mental Health Board – 2017 Community Involvement**

211 DeKalb County

Association of Community Mental Health Authorities of Illinois (ACMHAI)

ACMHAI Legislative Committee

Consumer Advocacy Council of DeKalb County

DCAFE Meeting, RAMP

DeKalb County Community Foundation – Crib to Career Kindergarten Readiness Committee

Participation with City of DeKalb Police Department – Bureau of Justice Administration Grant Program and Policy Development; Swift, Certain and Fair Probation program

DeKalb County Community Health Needs Assessment Steering Committee

Live Healthy DeKalb County

Networking for Families

DeKalb County Drug Overdose Prevention Program

Housing Authority of DeKalb County Commissioner

Annie Glidden North Task Force

Illinois Children’s Healthcare Foundation Committee

DeKalb County Continuum of Care

DeKalb County Juvenile Justice Council

DeKalb County Juvenile Justice Council – Trauma Informed Committee

DeKalb County Youth Providers

Illinois Family Violence Coordinating Council

## **Mental Health Board – 2017 Presentations & Hosted Events**

Life Long Learning Institute Presentation at Northern Illinois University

“Paper Tigers” Trauma Focused Documentary screenings

Kishwaukee Kiwanis Club Presentation

DeKalb County Court Watch Presentation

Brain Health Presentation – Oakcrest

DeKalb County Community Mental Health Board 50<sup>th</sup> Anniversary Event

Sycamore Rotary Presentation

Hosted Applied Suicide Intervention Skills Training – ASIST

Trauma Informed Community Presentation at ROE/Secondary Education Training

Mental Health First Aid for Community members (3)

WNIJ Public Radio Panel on the Impact of the State Budget Impasse on Human Services

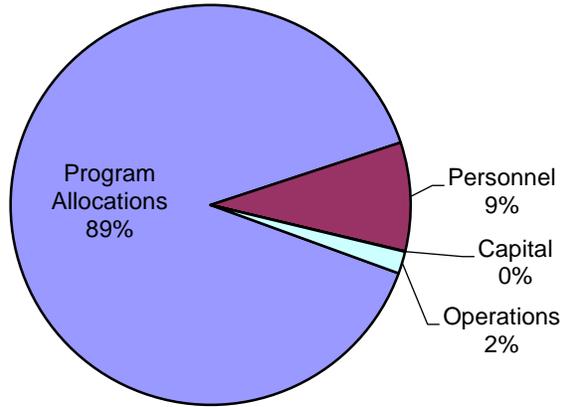
## Fiscal Year 2017 Revenue and Expense

Source: from FY2017 county revenue and expense - unaudited

<u>Revenues</u>	<u>Budget</u>	<u>Actual</u>
Taxes	2,455,000	2,450,427
Interest	7,000	8,280
Non-general Fund Bal. Utilization	0	0
Building Rental	0	0
DeK Co Comm Action Dept.	38,000	22,169
Misc.	100	0
<b>Total Revenue</b>	<b>2,500,100</b>	<b>2,480,876</b>

<u>Expenditures</u>	<u>Budget</u>	<u>Actual</u>
Salaries	141,500	133,345
Deferred Compensation	2,000	0
FICA	10,900	9,461
IMRF	15,600	14,630
Health Insurance	53,800	22,122
Life Insurance	200	64
HAS benefit	3,100	0
Unemployment Tax	200	0
Office Furniture & Sm Equipment	500	672
Computer Equipment	500	1,001
Building Modification	0	0
Capital Set-aside	0	1292
School of Instruction	1,500	50
Travel	4,000	1,781
Meetings – Host expenses	2,500	2,766
Memberships	10,000	7,326
Public Notices	200	0
Maintenance – Equipment	1,200	1,475
COB rent/utilities	11,000	11,000
IMO/Computer support	300	300
Professional Services	4,000	4,069
Commercial Services	300	1,451
Software Acquisition	500	0
Contribution to Agencies	2,050,300	2,127,864
Special Projects	20,000	0
Disaster Assistance	5,000	1,085
Office Supplies	2,500	1,132
Postage	400	263
Copy Machine Supplies	900	0
Printing Supplies	3,000	1,728
Books & subscriptions	500	474
Misc.	2,000	144
Contribution to: Sheriff's Dept.	50,000	50,000
Contribution to: Court Services	125,000	0
Contribution to: Health Dept.	2,000	27,130
Contribution to: Comm Action	32,200	32,200
Contribution to: Asset Replc Fund	1,500	1,500
Contribution to: Drug Ct-Adm fee	18,000	6,870
Contribution fee: Drug Ct med	10,000	11,998
<b>Total Expenditures</b>	<b>2,587,100</b>	<b>2,475,193</b>

## Fiscal Year 2017 Budgeted Expenditures Chart



Agency Program Allocations	\$2,312,500
Personnel/Salaries	227,300
Capital/Equipment	1,000
Office Operations	46,300
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Total 2017 Budgeted Expenditures	\$2,587,100

## One Year Plan 2017 – Status Update

### Priority Areas and Activities 2017 – Goals and Objectives:

1. Development of relationship with new Community Mental Health Provider – ***In Process***
  - a. Education and understanding of Community Mental Health provider post-Ben Gordon center – ***The Board is in communication with KishHealth about changes and updates associated with acquisitions.***
  - b. Planning with new Community Mental Health provider to develop and maintain programming that is of greatest need and benefit to the community – ***In process through the Mental Health Coordinating Council and periodic updates from Ben Gordon Center/KishHealth System/Northwestern.***
  - c. Utilizing the Mental Health Coordinating Council to provide data and evidence of areas of need in the Community – ***In process, data collection and analysis is next phase of MHCC work.***
2. Improvement of the Grant Application and Process – ***Completed***
3. Board Education – ***In process***
  - a. Utilize agency site visits and presentations to familiarize Board Members with funded agencies and program services – ***Revision of Agency 3year presentation process to make it more meaningful for Board Members, cultivation of opportunities for agency site visits.***
  - b. Utilize other opportunities to provide Board Members with education in areas identified by the Board – ***Presentation by DCNP, attendance at Nonprofit Day, Board Member attendance at ACMHAI meetings, Board Member attendance at hosted trainings such as Mental Health First Aid.***
4. Funding Process – ***In process***
  - a. Education and understanding of benefits and limitations of third party payers for citizens in need of services – ***Completed, resulting in a change to fee-for-service contracts.***
  - b. Deciding on areas of funding priority and communication of those priorities to funded agencies ***In process, this is a goal of the 2017 Annual Plan.***
5. Outcomes and Performance Management – ***Completed***
  - a. Facilitated update of DCCMHB Mission Statement- ***Completed***
  - b. Host workshop on Performance Measurement for funded agencies - ***Completed***