

**DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD**  
**EXECUTIVE COMMITTEE**  
**MINUTES OF MEETING**

**August 6, 2018**

**Approved**

**Committee Members Present:** Jerry Helland, Marilyn Stromborg

**Staff Present:** Deanna Cada, Kathy Ostdick

**Other Persons Present:** Alexis Marcotte

**1. Call to Order**

Mr. Helland called the meeting to order at 5:00 p.m.

**2. Agenda**

*Dr. Stromborg moved to approve the agenda; seconded by Mr. Helland. The motion passed unanimously on a voice vote.*

**3. Approval of Minutes**

*Dr. Stromborg moved to approve the minutes of the 7/9/18 meeting; seconded by Mr. Helland. The motion passed unanimously on a voice vote.*

**4. Office Report**

Ms. Cada reported that the OCD Workshop took place on 8/3/18 and was very successful. A community member had approached Ms. Cada saying that he could not find any groups or resources on OCD. He has a son with severe OCD and would like to find information on the condition. Ms. Cada and Ms. Volk, Ben Gordon Center Executive Director, set up the workshop.

Ms. Cada and Mr. Helland attended Non-Profit Day and said it was very interesting.

Ms. Cada will be viewing a webinar on Managed Care and will bring back information to the Board.

Ms. Cada reported that 211 has completed the first year and reports that they have received 60 calls related to mental health. They will continue to improve their services and get the word out about 211.

Ms. Cada shared that DeKalb County Community Gardens has reported on the number of people that are using transportation supported by the Board through the Collaborative Transportation Grant. Multiple clients of Community Gardens have been hired by agricultural companies due to the expertise and training skills provided by Community Gardens.

## **5. Board Retreat Feedback**

Ms. Cada reported that she has received positive feedback from Board Members. The Committee discussed the Retreat further. Dr. Stromborg suggested that our Board invite the two candidates that are running for Mr. Pritchard's House seat to attend a Board meeting to hear about the mental health concerns in DeKalb County.

## **6. This is My Brave Event**

Ms. Cada reported that she became acquainted with a young woman who attended the Mental Health Board 50<sup>th</sup> Anniversary event and the "On the Table" event by the name of Laura Devine. Ms. Devine met with Ms. Cada and expressed her desire to tell her story. Ms. Cada connected Ms. Devine with "This is My Brave", a national organization that puts on productions for this exact reason. Ms. Devine was accepted and her event will take place on April 7, 2019. Ms. Cada will be coordinating the Mental Health Board portion of the event.

## **7. Communication Plan Presentation**

Ms. Marcotte presented her plan for narrowing down the Boards needs for communication and asked the Committee members to fill out a questionnaire. Communication needs can then be further narrowed down when the questionnaire results are gathered.

## **8. One Year Annual Plan**

Ms. Cada said that the Board Retreat information will be forth coming as part of the Annual Plan.

## **9. Date of Next Executive Committee Meeting: 9/10/18**

## **10. Adjournment**

The meeting was adjourned at 5:30 p.m.

Respectfully submitted,

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Jerald Helland, Board President

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Kathy Ostdick, Recording Secretary