

DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD
EXECUTIVE COMMITTEE
MINUTES OF MEETING

December 3, 2018

Approved

Committee Members Present: Jerry Helland, Jane Smith, Marilyn Stromborg

Staff Present: Deanna Cada, Kathy Ostdick

Other Persons Present: Katelyn Kramer

1. Call to Order

Mr. Helland called the meeting to order at 5:00 p.m.

2. Agenda

Ms. Smith moved to approve the agenda; seconded by Dr. Stromborg. The motion passed unanimously on a voice vote.

3. Approval of Minutes

Ms. Smith moved to approve the minutes of the 11/5/18 meeting; seconded by Mr. Helland. The motion passed unanimously on a voice vote.

4. Office Report

Ms. Cada informed the Committee that this is Katelyn Kramer's last week as intern with our Board office. She has done a great job and has accomplished many tasks.

Ms. Cada stated that at the Board Meeting, she had told Board member that the DeKalb County Youth Service Bureau and Hope Haven had received a grant to do ASIST Training (suicide prevention). The new dates for that training are 2/20/19 and 2/21/19. Since the Mental Health Board will be hosting the training at our facility, Hope Haven and Youth Service Bureau have offered Board members several slots at a reduced rate for the training. Anyone interested in attending should let Ms. Cada know.

Ms. Cada and Ms. Plote will be attending the ACMHAI quarterly meeting in Chicago this coming Thursday and Friday.

Ms. Cada reported to the Committee that she is involved in a group called Live Healthy DeKalb County. This is a group that came out of a grant from the YMCA. They have three areas of focus and one of them is Healthy Mind and Body. The thinking is that mental health and physical health are integrated. The Mental Health Board may become more involved with Live Healthy DeKalb County in the near future.

Ms. Cada gave an update on This Is My Brave. The program is on April 7th. They are in the audition phase.

Ms. Cada updated the Board on her involvement with DeKalb County Community Action. DeKalb County will be relinquishing the grant back to the state. The state of Illinois will be putting out a Request for Proposal in DeKalb County for a non-profit organization to receive the grant.

5. Communication Plan – Facebook Page

Ms. Kramer has started a facebook page for the Mental Health Board. The home page is still a work in progress and Ms. Cada will be editing as we go along.

6. One Year Annual Plan

Ms. Cada shared with the Committee that at the Board meeting, she steered Board Members toward putting dots on suggestions that were most important to them. Ms. Plote is interested in mental health in the 0-7 age group. She would like to have a focus group give suggestions as to the gaps in service for the 0-7 year olds. This priority received the most dots and is considered #1.

The #2 priority is to have agencies apply to provide for the DeKalb Police social worker position.

The 3rd highest priority is to support the DeKalb County Health Department IPLAN. Two specific areas of interest are that the Health Department would like to become Trauma Informed and the Health Department would like to address bullying.

7. Date of Next Executive Committee Meeting: 1/7/19

8. Adjournment

The meeting was adjourned at 5:28 p.m.

Respectfully submitted,

Jerald Helland, Board President

Kathy Ostdick, Recording Secretary