

**DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD**  
**EXECUTIVE COMMITTEE**  
**MINUTES OF MEETING**

**March 4, 2019**

**Approved**

**Committee Members Present:** Jerry Helland, Jane Smith, Marilyn Stromborg

**Staff Present:** Deanna Cada, Kathy Osttick

**Other Persons Present:**

**1. Call to Order**

Mr. Helland called the meeting to order at 5:00 p.m.

**2. Agenda**

*Ms. Smith moved to approve the agenda; seconded by Dr. Stromborg. The motion passed unanimously on a voice vote.*

**3. Approval of Minutes**

*Dr. Stromborg moved to approve the minutes of the 2/4/19 meeting; seconded by Ms. Smith. The motion passed unanimously on a voice vote.*

**4. Office Report**

Ms. Cada informed the Committee that Dr. Stromborg has graciously offered again to set up for Board members to watch a Mental Health Law and Legal Profession Update. The Committee discussed a date and time. Wednesday, April 3<sup>rd</sup> from 10:00 am to 2 pm was agreed upon. Lunch will be served.

Ms. Cook, Mr. Cook, and Ms. Cada attended a Policy Forum in downtown Chicago today where options for a system of care for 0 – 7 year olds was discussed. Ms. Cada pointed out that a lot of the ideas presented were the same as Ms. Plote had suggested.

A Mental Health 1<sup>st</sup> Aid Workshop was held last Friday, 3/1/19, here at the COB. Attendance was maxed out and everyone reported that it was an excellent workshop.

Ms. Cada updated the Committee on This Is My Brave. 8 tickets have already been sold. Ms. Cada will send a personal invitation to legislators, superintendents, county personnel, etc.

Ms. Cada reported that the office will start working on the 2018 Annual Report.

**5. On The Table Event Planning**

Ms. Cada told the Committee that the On The Table Event last year was such a success that she would like to start planning for another one this year. Mental Health Awareness month is May and Mental Health Week is May 13<sup>th</sup> through the 19<sup>th</sup>. Bloomin Gardens has agreed to host the event again this year.

The Committee discussed a date and time. The Kennedy Forum has planned the event for Tuesday May 14<sup>th</sup>. The Committee agreed that ours should coincide with the Kennedy Forum. If we have it the same night, the Kennedy Forum would do the advertising for us. The Committee agreed to stay with the same format as last year.

**6. Policy Review – Updates & Approvals**

Ms. Cada told the Committee that Policy Review is in progress.

**7. Conflict of Interest Form Review**

The Board's conflict of interest forms were reviewed by the Committee. All forms were approved and signed.

**8. Set Board Retreat Date – July 26, 2019?**

The Committee discussed the proposed retreat date and decided that July 26, 2019 is acceptable. The Committee suggested that maybe a different facility could be found. The office will discuss other places.

**9. One Year and 3 Year Annual Plan**

Ms. Cada will be handing out a draft of the one year and three year annual plans at the full Board meeting. Ms. Cada and Ms. Plote met and discussed the 0-7 year old topic. What Ms. Plote is concerned about is the same as what the state is concerned about. There is a group of NIU students who chose the 0-7 topic as their Cap Star project. They will be helping the Mental Health Board with any research that is needed on the topic. Also the Police and Mental Health topic is being addressed by two of our funded agencies with their grant application.

**10. Date of Next Executive Committee Meeting: 4/1/19**

**11. Adjournment**

The meeting was adjourned at 5:34 p.m.

Respectfully submitted,

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Jerald Helland, Board President

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Kathy Ostdick, Recording Secretary