

DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD

2500 N. Annie Glidden Rd., Suite B, DeKalb, IL 60115 Phone: 815.899.7080 Fax: 815.899.6708

DeKalb County Community Mental Health Board Three Year Plan: 2019 – 2021



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March 2019

To: Mark Pietrowski, Chairman
DeKalb County Board

The DeKalb County Community Mental Health Board is presenting the Comprehensive Three-Year Plan and One Year Plan for a program of community mental health services and facilities for persons with a mental illness, a developmental disability, and/or a substance use disorder pursuant to 405 ILCS 20/3e(1f).

The DeKalb County Community Mental Health Board (DCCMHB) pledges to make educated and informed appropriations of mental health tax dollars to agencies as outlined in the Illinois State Statutes (405 ILCS) Community Mental Health Act.

The One Year and Three-Year Plans are developed to guide the direction of the DCCMHB as the Board moves to complete set goals and objectives. The goals and objectives of the DCCMHB work in concert with the regular work of the Board; to provide funding to programs that work in the areas of mental illness, development disability and substance use disorder. The plans are forward looking, whereas the DeKalb County Community Mental Health Board Annual Report is a summary of work done over the preceding year.

The DCCMHB met on March 25, 2019 and approved current priority areas for the Board. The following goals reflect those priorities for the next three years. The One- and Three-Year Plans will drive the work to fulfil the mission of the Board; Through leadership and funding, the DeKalb County Community Mental Health Board supports access to high quality behavioral healthcare services for residents of DeKalb County.

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DeKalb County Community Mental Health Board Members

Jerald Helland	President
Jane Smith	Vice-President
Dr. Marilyn Stromborg	Secretary
Meghan Cook	Board Member
Robert Cook	Board Member
Laurie Emmer	Board Member/County Board Liaison
Susan Plote	Board Member
Richard Schluter	Board Member
Jennie Geltz	Board Member

DeKalb County Community Mental Health Board Staff

Deanna Cada	Executive Director
Kathy Osttick	Administrative Assistant

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Three Year Plan 2019 – 2021

To better respond to the behavioral healthcare needs of county residents, the Community Mental Health Act (405 ILCS 20/) requires County Mental Health Boards to provide for both short term and long-range planning. A one-year plan is developed and approved by the DeKalb County Community Mental Health Board (DCCMHB). The plan contains specific goals for the current year. Long term planning is developed by way of the three-year plan and maps strategies to use for the next three years.

The major responsibility of the DCCMHB is to fund mental health, developmental disability and substance use services utilizing funds collected through the mental health tax levy.

At a meeting of the DCCMHB on March 25, 2019 the Board Members voted to adopt these goals and priorities for the next three years.

For the next three years, the issues of highest priority for the DCCMHB are:

- 1) Improve access to services for 0 – 7-year-old children in DeKalb County
 - a. Comprehensive needs analysis to determine gaps and areas of strength.
 - b. Determine benefits/challenges to development of a local system of care for young children.
 - c. Proactively working with partner organizations to provide quality behavioral healthcare in areas of identified need for 0 – 7-year-old children.
- 2) Assist with mental health/law enforcement initiatives with DeKalb County law enforcement partners.
 - a. Support Crisis Intervention Team (CIT) training for local law enforcement partners.
 - b. Explore and assist with development of a CIT Team/Super-utilizers group to convene on a regular basis.
 - c. Explore the opportunities to pilot a police/social worker position for DeKalb County law enforcement partners.
- 3) Develop strategies to address suicide prevention/intervention/post-vention work
 - a. Explore community-wide education opportunities/program curriculums Summer 2020.
 - b. Convene agency partners to develop a system of care around suicide in the community Summer 2020.
- 4) Exploration of methods to increase pool of mental health professionals such as psychiatrists, advance practice nurses, bi-lingual therapists, etc. available in DeKalb County.
 - a. Review existing programs utilized in other underserved areas such as loan forgiveness programs Summer 2021.
 - b. Offer professional development opportunities to build capacity in existing workforce Ongoing.

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Identified Priorities & Timelines

Priority	Objective	Timeline	Potential Cost
Improve Access to services 0 – 7 year	Comprehensive Needs Analysis	May 2019	\$0.00
	Research feasibility of local system of care	Summer 2020	\$25,000.00 Support for creation of information Hub
	Support of identified programming/services	Summer 2021	\$125,000.00
Assist with Mental Health/Law Enforcement initiatives	Support Crisis Intervention Team (CIT) training	Fall 2019	\$54,000.00 Cost to compensate overtime costs/20 officers
	CIT Team Meeting	Summer 2019	\$10,000.00 Costs for emergency services for super-utilizers
	Police/Social Work Liaison	Spring 2019	Applied through GY2020 Funding
Develop Strategies to address suicide awareness/intervention/post-vention	Explore community-wide education opportunities	Summer 2020	TBD
	Convene stakeholders around opportunities for awareness/intervention/post vention	Summer 2020	TBD
Professional Capacity building	Explore loan forgiveness and other position attracting opportunities	Summer 2021	TBD
	Offer professional development opportunities	Ongoing	Operational budget
Total			\$214,000.00

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Update on the status of the Three-Year Plan 2016 – 2018

- 1) Development of relationship with new Community Mental Health provider
 - a. Opportunities to improve mental health services in DeKalb County working with a new Mental Health provider
The DCCMHB is a funder and partner with the Ben Gordon Center, a part of Northwestern Medicine. The transition of ownership went smoothly and feedback regarding the changes are been positive. DCCMHB and BGC are in contact on a regular basis – **Completed.**
- 2) Improvement of the Grant Application and Process
 - a. Streamline request for highest efficiency
The DCCMHB solicited feedback from providers and reviewed other grant programs to develop a streamline grant application process that includes a short version application for returning grantees requesting funds for the same program/funding amount. The DCCMHB is now moving toward an improved online grant application and process – **Completed.**
- 3) Board Education
 - a. Continued education of Board Members on understanding mental health, developmental disability and substance abuse and the agencies serving those populations.
DCCMHB members are offered opportunities for continued education through experiences with ACMHAI, DCNP, board member professional experiences and presentations from funded agencies. DCCMHB continues to look at opportunities for Board Education – **Ongoing.**
- 4) Funding Process
 - a. Analysis of the impacts of Affordable Care Act on DCCMHB funding
DCCMHB worked with funded organizations to understand the impacts of the Affordable Care Act on services and payer sources. An understanding of these impacts has improved the quality of grant requests – **Completed.**
 - b. Education and understanding of the benefits and shortcomings of third-party payers
DCCMHB continues to examine the challenges and benefits experienced by partner organizations and third-party payers and to determine how best to utilize mental health board funding – **Ongoing.**
 - c. Issues for agencies relying on State of Illinois funding
DCCMHB continues to support organizations in their diversification of funding sources – **Completed.**
- 5) Outcomes and Performance Management
 - a. Development of Outcomes and Performance Management measures for the DCCMHB

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DCCMHB worked with Dr. Alicia Schatteman and NIU to develop the Quality Indicators Checklist to ensure investment in quality organizations – **Completed.**

- b. Build capacity in funded agencies to collect and analyze Outcomes and Performance Measurement

- i. Move to Outcome Based funding model

Upon completion of a three-year project completed by Dr. Alicia Schatteman, NIU, DCCMHB moved away for the idea of an Outcome Based funding model and moved to a quality indicator checklist to assist with funding allocations – **Completed.**