DeKalb County Community Mental Health Board
One Year Plan: 2019

Mission: Through leadership and funding, the DeKalb County Community Mental Health Board supports access to high quality behavioral healthcare services for DeKalb County residents.

Core Values Statement: The DeKalb County Community Mental Health Board uses the following core values as the guiding principles that dictate the behavior and action of the Board. Core Values are a central belief deeply understood and shared by every member of the organization.

- **Leadership:** The DCCMHB will articulate a positive vision of a community where access to behavioral health services are available to all and support that vision through careful planning, goals, strategies and actions.
- **Responsibility:** The DCCMHB will promote a mutual trust between the profession and the public that requires responding to community needs for mental health and wellness, be reliable and trustworthy, demonstrate problem solving and decision making skills, being accountable for what we do and who we are.
- **Service:** The DCCMHB will maintain a careful stewardship of human and financial resources, positive contributions to the broader community, and share time and talents with others.
- **Community:** The DCCMHB will partner with a network of people with common agenda, cause, and/or interest who collaborate by sharing ideas, information and other resources.
March 2019

The DeKalb County Community Mental Health Board pursuant to the requirements of the Community Mental Health Act (405 ILCS 20/) requires the County Mental Health Board to provide for both short term and long-range planning. This one-year plan is developed and approved by the DeKalb County Community Mental Health board and continues specific goals to be accomplished in the current year. The DCCMHB is committed to understanding the current community landscape in the areas of mental health, substance use disorder and developmental disabilities and responding concerns raised by citizens and partner organizations.

Goals from the 2017 Annual Plan addressed the areas of communication, funding/decision making process, psychiatry exploration and leadership. In the area of communication, the DCCMHB started an e-newsletter and join social media in an effort to share information with the community and partner organizations. In the area of funding/decision making the DCCMHB has developed new tools as part of the grant application process to further inform the members of the Board and grant applicant qualifications and programs. This is an ongoing goal that is refined on an annual basis and takes into account the needs of the community. In the area of psychiatry, the DCCMHB has narrowed down the priority to child psychiatry needs for the 2019 Annual Plan. Lastly, in the area of Leadership, the DCCMHB continues to support community education programs such as Mental Health First Aid, provide professional development opportunities to partner organizations and involvement in community initiatives that have a relationship to the mission of the DCCMHB.
One Year Plan 2018
Status Update

1. Grant Accountability:
   a. Develop a Contract Review process, policy and procedure to perform in-office and on-site contract reviews with funded agencies.
   b. Purpose of Contract Review is funding accountability and transparency.
      
      **On November 18, 2018 the DCCMHB approved a Contract Review checklist to be utilized on an annual basis to ensure contract compliance and accountability with funded agencies. Implementation of the Contract Review process will begin in Fiscal Year 2019 with Grant Year 2020 contracts.**

2. Funding Priorities
   a. Develop an annual practice to identify areas of proactive funding priority including needs identification, collaborative funding opportunities and formalize process through funding guidelines.
      
      **As part of the 2019 – 2021 the DCCMHB is identifying areas of priority in which to develop proactive funding programs.**

3. Prioritization of Access to Service
   a. Explore, develop and potentially fund areas of access to service for young (0 – 7 years) children.
      i. Identify gaps in services for 0 – 7-year-old children.
      ii. Working with agencies and potential funders, develop a response to gaps within the community.
      iii. Work with agencies to identify professional development needs and coordinate professional development opportunities.
      
      **DCCMHB has identified Access to Services for children 0-7 as the priority for the 2019 Annual Plan.**
   b. Explore, develop and potentially fund areas of transportation for citizens needing behavioral healthcare services and supportive services.
      i. Participate in community conversations about transportation needs within DeKalb County, including identifying needs and community support solutions.
      ii. Encourage and support collaboration solutions to transportation issues in DeKalb County.
      
      **In Grant Year 2019, DCCMHB funded a collaborative grant request from a number of partner agencies to fund a North County transportation route. That request was approved and the agencies have successfully implemented that route. The DCCMHB Administrative Assistant is the county representative on the DSATS committee and is present for conversations around transportation needs and solutions in the community.**
c. Explore, develop and potentially fund areas of mental health needs in relation to violence (including gun violence), anger and stigma.
   i. Develop partnerships with schools, law enforcement and social service agencies to provide access to services for those students identified needing behavioral healthcare support.

   **DCCMHB has partnered with the Regional Office of Education and Northwestern Medicine to offer Youth Mental Health First Aid in the community to help provided supports to youth and adolescents.**

   ii. Continue partnership with the DeKalb County Juvenile Justice Council Trauma-Informed Committee to support strategies and policies for community organizations that are trauma-informed.

   **The Executive Director of DCCMHB is a co-chair of the Law Enforcement/Mental Health subcommittee and a member of the Trauma Informed Committee to continue to support strategies and policies regarding trauma-informed work.**

   iii. In conjunction with current Mental Health First Aid workshops, identify ways to educate the community about mental health and work toward elimination of stigma.

   **As a result of the “On The Table” event in May 2018, hosted by DCCMHB. A local consumer of services partnered with DCCMHB to bring “This Is My Brave” to DeKalb, Illinois. This event is an opportunity to educate the community about mental health and work toward healthy conversations around mental illness.**
One Year Plan 2019

1) Improve access to services for 0 – 7-year-old children in DeKalb County
   a. Comprehensive needs analysis to determine gaps and areas of strength.
      i. Create a list of organizations and determine through phone contacts what
         services are provided to children ages 0-7 and services for parents of children
         receiving mental health services – NIU Capstone Students – March 2019.
      ii. Identify main organizations that serve youth and set up individual interviews to
          gain more details about programs serving youth 0 -7 and services for parents
          and ask about noted gaps in service. – NIU Capstone Students – March 2019.
      iii. Conduct research on evidenced-based programs that best serve youth 0 – 7 and
           their parents – NIU Capstone Students – April 2019.
   b. Determine benefits/challenges to development of a local system of care for
      young children.
      i. Support development of focus groups to include professionals and consumers of
         services to determine benefits/challenges to development of a local system of
         care. Focus group to include discussion of appropriate diagnosis of children –
         Fall/Winter 2019.
      ii. Support creation or promotion of a method of access to information for parents
          and professionals. Review possibilities around websites, social media, mobile
          apps, information hubs – Summer 2020.
         Cost Website Creation/Social Media Creation/Support: $25,000.00
   c. Proactively working with partner organizations to provide quality behavioral
      healthcare in areas of identified need for 0 – 7-year-old children.
      i. Develop proactive funding opportunity for organizations that engage in
         evidenced-based programming for youth 0-7 and/or their parents – Summer
         2021.
         Cost: Support of 0-7 programming/Parent programming: $125,000.00
      ii. Support of peer mentoring models as identified through Comprehensive Needs
      iii. Support of development of meaningful outcomes/goals of identified and
           supported programs - Spring 2021.
      iv. Explore opportunities to impact public policy around development of a system

2) Assist with mental health/law enforcement initiatives with DeKalb County law
   enforcement partners.
   a. Support Crisis Intervention Team (CIT) training for local law enforcement
      partners.
      i. Create funding opportunity for local law enforcement agencies to cover
         overtime expenses to backfill officers’vacated shifts while attending CIT 40
         Hour Training Fall 2019.
         COST: Backfill overtime costs, 20 officers to attend CIT: $54,000.00
   b. Explore and assist with development of a CIT Team/Super-utilizers group to
      convene on a regular basis.
i. Work with the BJA Stakeholders group to develop a meaningful on-going team to identify and discuss options for assistance. Opportunity to periodically provide funding for difficult super-utilizer situations Summer 2019.  
**COST:** Emergency funds for super-utilizer access to services: $10,000.00

c. Explore the opportunities to pilot a police/social worker position for DeKalb County law enforcement partners.
   i. Two local organizations have applied for funding for a Police/Social Worker position as part of the GY2020 Funding Cycle.