

**DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD**  
**MINUTES OF MEETING**  
**May 20, 2019**

Approved

Board Members Present: Jerry Helland, Jane Smith, Marilyn Stromborg, Meghan Cook,  
Dick Schluter, Sue Plote, Robert Cook, Jennie Geltz

Board Members - Absent: Laurie Emmer

Other Persons Present:

Office Staff Present: Deanna Cada, Kathy Ostdick

**1. Call to Order**

The meeting was called to order by the President, Jerald Helland, at 6:30 PM.

**2. Agenda**

*Dr. Stromborg moved to approve the agenda; seconded by Ms. Plote. The motion passed unanimously on a voice vote.*

**3. Minutes**

*Dr. Stromborg moved to approve the minutes of the 4/15/19 Board meeting; seconded by Ms. Plote. The motion passed unanimously on a voice vote.*

**4. Presentation**

Dennis Miller, DeKalb County Coroner, was invited to the CMHB Board meeting to inform the members of suicides and drug overdoses in DeKalb County. In 2019 so far, there have been no suicides and there have been 7 drug overdoses. Previously to that there had been 170 suicides, due to drug and other causes, and Mr. Miller had been seeing a lot more drug overdoses. Concerning the drug over doses, Mr. Miller reported that a majority of them are accidents.

**5. Announcements**

Mr. Helland congratulated Ms. Smith on her retirement and presented her with a card.

**6. Director's Report**

Ms. Cada reported that Court Services received a federal grant for \$900,000 over a three year period for pre-drug intervention.

The Annual Report will be distributed to the Board at the next meeting.

Ms. Cada spent time with Bob Tanner, Executive Director of Greater Elgin Family Healthcare Center FQHC. They are running a Medicaid assisted program for opioid use. They are one of the first in the County to be doing that. Ms. Cada has asked him to speak at our retreat.

Ms. Cada received a phone call this morning from a consumer who just wanted to thank the CMHB for providing funding for mental health. He is getting injectables for the first time and said it has saved his life. He just wanted to say what a difference our funding has made in his life.

## 7. Community Input

There was no community input.

## 8. Finance Reports

*Dr. Stromborg moved to approve the May 2019 agency claims in the amount of \$225,585.13; seconded by Ms. Smith. The motion passed unanimously on a roll call vote.*

*Dr. Stromborg moved to approve the May 2019 office claims in the amount of \$15,684.74; seconded by Ms. Cook. The motion passed unanimously on a roll call vote.*

## 9. Executive Committee

### A. On The Table Event

Ms. Cada reported that the event was well attended and everyone had a good time. Ms. Cada passed out copies of the notes that she had taken and listed several topics that had been brought up.

### B. Agency Director's Meeting

Ms. Cada extended an invitation to Board members to attend the Agency Director's meeting on 6/4/19 starting at 9:00 am.

### C. Slate of Officers – 2019 – 2020

Mr. Helland put the slate of officers forward; Jerry Helland for President, Marilyn Stromborg for Vice President, and Jane Smith for Secretary. All accepted the nomination.

*Mr. Helland moved to accept the nominations for Jerry Helland for President, Marilyn Stromborg for Vice President, and Jane Smith for Secretary. All were accepted and will be put forward starting 7/1/19; seconded by Mr. Cook. The motion passed unanimously on a voice vote.*

## 10. Finance Committee

### A. GY20 Application Review and Approval

The Board discussed the GY20 applications received including Juvenile Justice, DeKalb County Treatment Courts, and Youth Outlook.

*Mr. Helland moved to approve the 5/14/19 allocations as presented with changes as discussed; seconded by Mr. Schluter. The motion passed as follows; Ms. Cook-Yes, Mr. Cook-Yes, Ms. Geltz-Yes, Ms. Smith-Yes, Ms. Plote-No, Mr. Schluter-Yes, Dr. Stromborg-Yes, and Mr. Helland-Yes.*

<u>Agency</u>	<u>Program</u>	<u>GY20 Total Grant/FFS</u>
<b><u>Line item 8201 Contributions to Agencies</u></b>		
Adventure Works	Adventure therapy for at-risk youth	80,000
AID (Assoc for Ind Devel)	Behavioral Health Services (new GY20)	89,500
		<hr/>
		89,500
Children's Comm Theatre	Penguin Players	12,000
Children's Home + Aid	Healthy Families Illinois	25,000
CACDC	Special needs awards, community education	20,000
Collaborative Transportation	North County Transportation Grant	5,000
DeK Co Community Action	Juvenile Justice Council Coordinator	23,750

DeK Co Community Gardens	Walnut Grove Vocational Farm Project	37,400
DeK Co Drug Court	Residential & Treatment Assistance	17,700
	Peer Support Person	5,000
		<b>22,700</b>
DeKalb Co. Health Dept	Healthcare Enrollment Assistant	29,300
DeKalb Co. Sheriff's Dept	Jail Based Services	50,000
DeKalb Co. Youth Service Bureau	Youth & Family Counseling, Early Int. Prog, Youth Project	205,400
	Trauma Support	5,800
	<b>Total</b>	<b>211,200</b>
Elder Care Service	Care Coordination program	52,000
	Adult Protective Services	44,000
	Self-neglect Program	20,000
	<b>Total</b>	<b>116,000</b>
Epilepsy Foundation of N/C III	Epilepsy Services	30,000
Family Service Agency	Counseling, Senior Mental Health,CAC, CAC Trauma Therapy	140,500
	Clinical Director Support	50,000
		<b>190,500</b>
The Gracie Center	Gracie Center (new GY20)	20,000
	Full audit (new GY20)	5,000
		<b>25,000</b>
Hope Haven	Dresser Court Services	186,000
	Life Skills Training Center	178,000
	Life Skills Training Center - Psychiatrist	20,000
	<b>Total</b>	<b>384,000</b>
KishHealth/BGC	Medical Services - Psychiatry (Grant)	289,000
	Emergency/Crisis & Screening Program (ECASP) (Grant)	159,500
	Community Employment Services (CEPS) (FFS)	10,000
	Living Room (Grant)	30,000
	Mental Health Services - Adult (FFS)	13,000
	Case Management Program (Grant)	40,000
	Community Support Program (FFS)	50,000
	Medical Services (Psychiatry) (FFS)	6,000
	Response Line (Grant)	40,000
	Prevention/Education Services (Grant)	23,000
	Psychological Testing Program (new GY20) (Grant)	14,500
	Mental Health Care Coordination (new GY20) (Grant)	40,000
	<b>Sub-total</b>	<b>715,000</b>
	In-kind Donation	212,461
	<b>Total</b>	<b>927,461</b>
NAMI	Connection Recovery Support Group (new GY20)	1,605
Open Door	Administrative Support of Production Overhead	55,300
Opportunity House	Administrative Support of Special Olympics Overhead	50,000
	Administrative Support of Supported Employment	53,000
	<b>Total</b>	<b>103,000</b>

Safe Passage	Transitional Housing Program	45,000
	Residential Program	27,400
	Domestic Violence Program	27,400
	Sexual Assault Program	31,100
	Prevention Program	25,000
	<b>Total</b>	<b>155,900</b>

Voluntary Action Center	Transportation	45,000
	Nutrition Services	25,000
	<b>Total</b>	<b>70,000</b>

Youth Outlook	DeKalb Drop-in Center	10,000
	Community Education	5,000
	Thrive Parent Group (new GY20)	3,000
		<b>18,000</b>

<b>Sub-Total</b>	<b>Sub-total Agencies</b>	<b>2,470,155</b>
------------------	---------------------------	------------------

(KishHealth In-Kind donation not added in sub-total)

Multi-Agency - Fee for Service	Psych Evals & Med Monitoring	10,000
	Ind. Care Grant	2,000
	Medication grant	40,000
	Training Grant	15,000
	Continuation of Outcomes Project	0

	<b>Sub-total Purchase of Care</b>	<b>67,000</b>
--	-----------------------------------	---------------

<b>Total: Line item 8201, 9901, 9931, 9933, 9967</b>		<b>2,537,155</b>
--	--	------------------

#### B. Family Service Agency Reallocation Request

Ms. Cada explained to the Board that Family Service Agency has asked to reallocate some unused funds for GY19. Mr. Helland asked for a motion to accept the request. Mr. Schluter asked to have a discussion first. Mr. Schluter asked if the request included capital items or staff and services.

***Mr. Helland moved to accept the Family Service Agency request to reallocate unused GY19 funding; Seconded by Mr. Schluter. The motion did not pass by a unanimous NO roll call vote.***

#### C. DeKalb County Court Services Opioid Program Capital Request

Ms. Cada informed the Board that Court Services has asked for \$5,000 to put toward the purchase of a car for the peer support person to transport Drug Court clients to appointments, court, etc. The Board discussed this in length.

***Mr. Helland moved to accept the request from DeKalb County Court Services for \$5,000 to go toward the purchase of a car to use for the purpose of transporting Drug Court clients; Seconded by Mr. Schluter. The motion passed unanimously on a roll call vote.***

#### D. Agency Trend Analysis

Mr. Schluter discussed his trend analyses:

- I. Family Service Agency
- II. Adventure Works
- III. Hope Haven
- IV. CACDC Corrective Action update – Ms. Cada shared with the Board that the CACDC Action plan is on track at this point.

## **11. Outcomes Committee**

The Outcomes Committee did not meet this month.

## **12. Old Business**

### **A. 3 Year and 1 Year Annual Plan Update**

Ms. Cada reminded the Board that there are two initiatives for the 1 Year Plan; one is the 0-7 year old initiative and the other is the law enforcement initiative. For the law enforcement initiative, they did not get the implementation grant last year. This grant is being released again and the DeKalb Police Department will be applying again.

Ms. Cada asked Ms. Plote to give an update on the 0-7 year old initiative. Ms. Plote discussed that an important aspect that came out of the NIU Intern involvement is family support, parent support and education. This was one of the initiatives that came out of the discussion that Ms. Plote and Ms. Cada had. Ms. Plote said that the next steps would be to set up focus groups and to increase access.

The Board discussed the 3 Year and 1 Year Plans.

## **13. New Business**

Ms. Cook shared with the Board that she would like to help bring a service to DeKalb County on how to talk to DD kids in emergencies. She has a relative who is an EMT and has a daughter with Downs Syndrome. He had become aware some time ago about how difficult it was to talk to someone with mental health issues in an emergency. He started a program called Emily Talk and now goes out to educate other EMT's, medical professionals, 1<sup>st</sup> responders, etc., on how to communicate with children with DD, etc. Ms. Cook said he would be happy to come to DeKalb County for this education piece.

## **14. Adjournment**

The meeting adjourned at 8:10 pm.

Respectfully submitted,

---

Jerald Helland, President

---

Kathy Ostdick, Recording Secretary