

**DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD**  
**EXECUTIVE COMMITTEE**  
**MINUTES OF MEETING**

**December 3, 2019**

**Approved**

**Committee Members Present:** Jerry Helland, Jane Smith

**Staff Present:** Deanna Cada, Kathy Ostdick

**Other Persons Present:** Joel Ledbetter

**1. Call to Order**

Mr. Helland called the meeting to order at 5:00 p.m.

**2. Agenda**

*Ms. Smith moved to approve the agenda; seconded by Mr. Helland. The motion passed unanimously on a voice vote.*

**3. Approval of Minutes**

*Ms. Smith moved to approve the minutes of the 11/4/19 meeting; seconded by Mr. Helland. The motion passed unanimously on a voice vote.*

**4. Office Report**

Ms. Cada reported that she continues to be involved with the Census. Complete Count Committees have been set up and will receive funding from the State to operate.

Ms. Cada informed the Committee that she will be teaching at NIU next semester in the NNGO Department.

Ms. Cada was invited to the Streamwood Behavioral Healthcare Center which is an inpatient residential treatment facility for adolescents and is a short-term crisis stabilization facility. They have a day treatment program (personal hospitalization). We do not have a program like that in DeKalb County.

Ms. Cada is involved with a program on Suicide Prevention called QPR (Question, Persuade, Reinforce). Ms. Cada will be attending a meeting on Tuesday 12/10/19.

Ms. Cada pointed out that the September Committee meetings date has been changed from 9/15/20 to 9/1/20.

**5. Open Board Position process**

The Committee discussed the Open Board seat and the process that will be taken to fill that seat. Ms. Cada will start the process after the first of the year.

**6. One Year and Three Year Plan Goals**

Ms. Cada discussed the 0-7 year old Priority and the focus groups. There was good attendance at the focus groups; 16 in Genoa, 15 in Sycamore, and 5 in DeKalb.

Regarding the Law Enforcement/Mental Health Priority, Chief Winters had asked who they would call for clients with mental health issues. Ms. Volk said to call the Ben Gordon Center and they could send out the Mobile Crisis Unit.

**7. Date of Next Executive Committee Meeting:** The January 2020 meeting will be cancelled. The February meeting will be 2/11/20.

**8. Adjournment**

The meeting was adjourned at 5:24 p.m.

Respectfully submitted,

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Jerald Helland, Board President

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Kathy Ostdick, Recording Secretary