



DATE: 03/25/2020
TO: DeKalb County News Media
FROM: DeKalb County Health Department

FOR IMMEDIATE RELEASE
Additional Positive Coronavirus Cases in DeKalb County

03/25/2020 – The DeKalb County Health Department (DCHD) has identified two additional positive cases of novel coronavirus disease (COVID-19) in DeKalb County. One adult in their 20’s and another adult in their 50’s. To maintain patient privacy and confidentiality, the Health Department will not provide additional identifying information, such as specific area of residence, as this would violate the Health Insurance Portability and Accountability Act (HIPAA). DCHD’s Communicable Disease staff are monitoring the patients and in communication with close contacts. This brings the total number of positive cases of COVID-19 in DeKalb County to three cases.

These cases reinforce the importance of actions the public can take to protect themselves and prevent the spread in the community. DCHD expects to have additional COVID-19 cases reported in the county.

What You Can Do:

- **Take care of yourself.** Find healthy ways to reduce stress.
<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>
- **Stay connected.** Call your friends and family or take advantage of the many free available apps that allow you to video chat with friends and family.
- **Get the facts.** Share information and facts from reliable sources like the [DCHD](#), the [Illinois Department of Public Health](#), and the [Centers For Disease Control and Prevention](#).
- **Take breaks.** Limit how much you watch or read about COVID-19. Repeatedly hearing about the pandemic can be upsetting. Step away from the coverage and do activities you enjoy, adhering to [social distancing guidance](#).

For more information about coronavirus (COVID-19), and the latest updates and guidance, please visit the following websites:

- <https://health.dekalbcounty.org/coronavirus/>
- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- <https://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus>

For general questions about COVID-19, call the Illinois Department of Public Health (IDPH) hotline at 1-800-889-3931 or email dph.sick@illinois.gov

Community members can email questions to COVID19@dekalbcounty.org and DCHD will answer frequently asked questions every week in the COVID-19 email newsletter. Please note, this email is not used to provide medical advice. If you have personal medical questions, please contact your healthcare provider. Community members can [sign up for the newsletter online](#) by visiting the DCHD website.