

# DeKalb County Wellness Virtual Events For Employees



These virtual events have capacity limits. To register, please go to the following link and select which sessions you want to attend. If there is a need for more sessions, we will add additional to the schedule.

REGISTRATION LINK:

<https://www.surveymonkey.com/r/RXT5JX7>

A follow-up survey will be sent to those who attend for feedback. Once completed, you will be entered to win a giftcard!

## Yoga

**May 19th @ 12pm**

**Click this link to join the session:  
<https://us02web.zoom.us/j/82476975870>**

**May 26th @ 12:30pm**

**Click this link to join the session:  
<https://us02web.zoom.us/j/81872001516>**



## Nutrition Coaching

**May 21st @ 10am**

**Click this link to join the session:  
<https://us02web.zoom.us/j/97111216488>**

