

DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD

SUICIDE PROGRAMMING AD HOC COMMITTEE

MINUTES OF MEETING

November 18, 2020

Approved

Committee Members Present: Jennie Geltz, Laurie Emmer, Jerry Helland, Meghan Cook, Jane Smith

Other Persons Present:

Office staff: Deanna Cada, Kathy Ostdick, Sarah Beste-Intern

1. Call to Order

Ms. Ostdick called attendance. Committee members present were Jennie Geltz, Laurie Emmer, Jerry Helland, Meghan Cook, Jane Smith. Quorum was met.

Ms. Geltz moved to call the meeting to order; seconded by Ms. Smith. The motion passed unanimously on a roll call vote.

2. Approval of the agenda

Mr. Helland moved to approve the agenda; seconded by Ms. Emmer. The motion passed unanimously on a roll call vote.

3. Approval of the Minutes of the 10/21/20 meeting

Ms. Emmer moved to approve the minutes of the 10/21/20 Suicide Programming Ad Hoc Committee; seconded by Mr. Helland. The motion passed unanimously on a roll call vote.

4. Old Business

A. Suicide Programming

I. Discussion and feedback about QPR

The Committee discussed their experiences taking the QPR training. Mr. Helland said he felt more confident in his ability to help someone in crisis and Ms. Geltz agreed. Ms. Beste thought it was a good training and she presented additional resources.

Ms. Cook asked to give a short presentation on suicide prevention to the Board.

Ms. Cada said she would like to offer the QPR training to the rest of the Board members. Ms. Smith and Ms. Emmer said they would like to sign up for the training. Ms. Cada spoke to Kim Volk of Northwestern Medicine/Ben Gordon Center about suicide programs and she said statistics are not well tracked. Ms. Cook shared her local research on suicide programming.

The Committee discussed the QPR program and suicide prevention in length.

B. Community Programming

- I. Data review
This was discussed in above.

- II. Current programming from partner agencies
This was discussed above.

C. Messaging – Communication Plan development

- I. Funeral Home messaging/resources
Ms. Beste did research and discussed suicide messaging in DeKalb County.

- II. DeKalb County Farm Bureau information
This was discussed above.

- III. Review of Social Media options for messaging
Ms. Beste discussed social media and the best sites for suicide messaging.

5. New Business

There was no New Business.

6. Date of next Suicide Programming Ad Hoc Committee meeting

Next meeting will be January 13, 2021 at 6:00 pm.

7. Adjournment

Ms. Cook moved to adjourn the meeting at 5:58 pm; seconded by Mr. Helland. The motion passed unanimously on a roll call vote.

Respectfully submitted,

Jennie Geltz, Committee Chair

Kathy Ostdick, Recording Secretary