

DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD

SUICIDE PROGRAMMING AD HOC COMMITTEE

MINUTES OF MEETING

February 10, 2021

Approved

Committee Members Present: Jennie Geltz, Jerry Helland, Meghan Cook, Jane Smith

Other Persons Present: Roy Plote, DeKalb County Board member

Office staff: Deanna Cada, Kathy Ostdick, Vinh Le-intern

1. Call to Order

Ms. Geltz call the meeting to order at 6:00 pm; seconded by Ms. Cook. Ms. Cada called attendance. Committee members present were Jennie Geltz, Jerry Helland, Meghan Cook, Jane Smith. Quorum was met.

2. Approval of the agenda

Ms. Cook moved to approve the agenda; seconded by Mr. Helland. The motion passed unanimously on a roll call vote.

3. Approval of Minutes

Ms. Cook moved to approve the minutes of the 1/10/21 Suicide Programming Ad Hoc Committee; seconded by Mr. Helland. The motion passed unanimously on a roll call vote.

4. Old Business

A. Suicide Programming

- I. NIU Student update – Ms. Cada reached out to an NIU class regarding a project on looking into QPR. The Committee members had taken a workshop on QPR and all were impressed with it. Ms. Cada will discuss with the class if they would like to take on the project.
- II. Suicide prevention training options/recommendation – The Committee directed Ms. Cada to look into offering the QPR Workshop to the full Board.

B. Community Programming

- I. Data review – Ms. Cada presented a power point she put together with suicide statistics from Kishwaukee Hospital for DeKalb County. Ms. Cada included statistics from Mr. Miller, Coroner of DeKalb County. The Committee found these statistics very helpful.
- II. Toolkit opportunities – The Committee members had received a sample brochure toolkit that Ms. Cada had ordered. The Committee thought this brochure packet was informative and helpful and suggested that Ms. Cada order more brochures.

- III. Current programming from partner agencies – The Committee discussed programs offered by agencies. Ms. Cada had also contacted local funeral directors who had not put together a protocol for giving out County information for emotional support for families and loved ones of suicide. The Committee thought it would be a great idea to put together a toolkit for Ms. Cada to give out to funeral directors and anyone else who they may benefit. Mr. Helland suggested that the Mental Health Board could advertise suicide help on the BGC Crisis Line and also with NAMI.

C. Messaging – Communication Plan development

The Committee discussed suicide programming evaluations; how do we get young people to take a QPR Workshop?

5. New Business

A. Other training opportunities

At the last meeting, Ms. Cook and Ms. Geltz had discussed doing a training for the Mental Health Board. Ms. Cook and Ms. Geltz will put on about a half hour training at the next full Board meeting on 2/22/21.

The Committee also discussed briefly the best way to put on QPR Workshops for the general community. This will also be discussed next month.

6. Date of next Suicide Programming Ad Hoc Committee meeting

Next meeting will be March 10, 2021 at 6:00 pm.

7. Adjournment

Ms. Smith moved to adjourn the meeting at 6:53 pm; seconded by Mr. Helland. The motion passed unanimously on a roll call vote.

Respectfully submitted,

Jennie Geltz, Committee Chair

Kathy Osttick, Recording Secretary