

DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD

SUICIDE PROGRAMMING AD HOC COMMITTEE

MINUTES OF MEETING

March 10, 2021

Approved

Committee Members Present: Jennie Geltz, Jerry Helland, Meghan Cook, Jane Smith

Other Persons Present:

Office staff: Deanna Cada, Kathy Ostdick, Vinh Le-intern

1. Call to Order

Ms. Geltz called the meeting to order at 6:00 pm. Ms. Cada called attendance. Committee members present were Jennie Geltz, Jerry Helland, Meghan Cook, Jane Smith. Quorum was met.

2. Approval of the agenda

Ms. Cook moved to approve the agenda; seconded by Mr. Helland. The motion passed unanimously on a roll call vote.

3. Approval of Minutes

Ms. Smith moved to approve the minutes of the 2/10/21 Suicide Programming Ad Hoc Committee with changes; seconded by Ms. Cook. The motion passed unanimously on a roll call vote.

4. Old Business

A. Suicide Programming

- I. NIU Student Project update – Ms. Cada shared with the Committee that the student project is moving along. Four students picked suicide awareness as their project and will be researching the topic and then designing a presentation. The projects will be wrapped up in April.

Vinh Le gave a presentation titled Men, Depression, and Suicide General Knowledge. The PowerPoint described the experiences of men dealing with different mental health issues, substance abuse, and suicidal ideation.

B. Community Programming

- I. Toolkit Opportunity/QR Code
The Committee discussed different audiences that toolkits should be designed for and how to get the message distributed.
- II. Current Programming from partner agencies.
This was discussed within other discussions with topics above.

C. Messaging – Communication Plan development

- I. Ms. Cada told the Committee that the NIU Outreach group is working on a messaging plan and will share that with the Committee when completed.

5. New Business

A. QPR implementation

Ms. Cada shared information with the Committee on QPR. The cost for on-line training is \$5.00 per slot for 200+ slots. If the Board were to purchase over 500 slots, there are other opportunities for data. This tracks demographics, dateline data, skill data, etc. Ms. Cada suggested purchasing the 500 slots. This will be discussed further. Ms. Cada will put together a proposal.

B. Community Training Opportunity

The Committee discussed community training. Rolling out the QPR training along with a presentation by Ms. Geltz and Ms. Cook, handing out toolkits, etc., possibly at the Egyptian Theatre. Ms. Cada suggested that September for a roll out would be a good idea because it is Suicide Awareness month and September would give the Board enough time to put this all together.

C. Agriculture population

The Committee discussed other populations and how they could be included in the website in order to search for information.

D. Crisis App discussion

Ms. Cada told the Board that an App that hooks into services could be something that the Committee should look at. McHenry County 708 Board has an App like this and Ms. Cada has an appointment to call Scott Block, Executive Director, to discuss how he utilizes that App.

6. Date of next Suicide Programming Ad Hoc Committee meeting

Next meeting will be May 12, 2021 at 6:00 pm.

7. Adjournment

Mr. Helland moved to adjourn the meeting at 6:46 pm; seconded by Ms. Cook. The motion passed unanimously on a roll call vote.

Respectfully submitted,

Jennie Geltz, Committee Chair

Kathy Ostdick, Recording Secretary