



Save the Dates

DeKalb County Employee Wellness Events

Gift cards will be drawn for each event. Winners will be notified.

**Monday
April 4th @ 12:15pm**

Zumba Gold

Multi-Purpose Room
2574 N Annie Glidden Road
DeKalb, IL 60115

Hosted by Kishwaukee YMCA

**Tuesday
April 5th @ 12:00pm**

Employee Assistance Program Overview

Zoom Presentation
Click this [link](#) to join the session

Hosted by Northwestern Medicine EAP

**Thursday
April 7th @ 12:15pm**

Chair Yoga

Zoom Presentation
Click this [link](#) to join the session

Hosted by Kishwaukee YMCA

*Gift card incentives are considered taxable income when provided as part of a county wellness program.
For questions, please email medwards@dekalbcounty.org*