

Collaboration for Equity and Belonging in Behavioral Healthcare (CEBiB)
October 16, 2023
7:30 p.m. – 8:30 p.m.
In Person
Five Seasons Room
Community Outreach Building, 2500 N. Annie Glidden Road, DeKalb, IL 60115

DRAFT

1. Call to Order
2. Approval of Agenda
3. Approval of Minutes from 9/25/2023
4. Old Business
 - a. DeKalb Area Belonging Council Updates
 - i. dr. powell presentation November 27, 2023
 - b. Town Hall Logistics Planning
 - i. Logistics Updates
 - ii. Program Development – Presentation Assignments
 - iii. Other
 - c. Engaging the Religious Community
 - i. Possible meeting November 1 or 8, 2023.
5. New Business
6. Date of next CEBiB Committee Meeting – Proposed Monday, December 4, 2023, at 6:00 p.m.
7. Adjournment

Collaboration for Equity and Belonging in Behavioral Healthcare (CEBiB) Meeting Minutes

September 25, 2023

6:00 p.m. – 7:00 p.m.

In Person

Five Seasons Room

Community Outreach Building, 2500 N. Annie Glidden Road, DeKalb, IL 60115

DRAFT

Committee Members Present: Lisa King, India Washington, Dori Delacruz, Jane Smith, Marilyn Stromborg, Teri Spartz, Dr. Quiana Jones

Staff Present: Heaven Allen, Deanna Cada

1. Call to Order- Dr. Jones called the meeting to order at 6:01 p.m.
2. Approval of Agenda – Ms. Smith moved to approve the agenda, and Dr. Stromborg 2nd motion passed.
3. Approval of Minutes from 8/28/2023 – Ms. Smith moved to approve the meeting minutes, and Ms. Spartz 2nd motion passed.
4. Old Business
 - a. DeKalb Area Belonging Council Updates – Ms. Cada reported that the Belonging Council has an upcoming announcement, and there is a meeting on September 28, 2023, to prepare for the announcement.
 - b. Town Hall Logistics Planning
 - i. The Date and Time of the Town Hall are confirmed as November 6, 2023, from 6:00 – 7:30 p.m., followed by fellowship with the CEBiB Committee and Refreshments from 7:30 – 8:15 p.m.
 - ii. Location is confirmed: New Hope Missionary Baptist Church, DeKalb, IL
 - iii. Refreshments will be provided after the Town Hall as part of the fellowship event. Refreshments will include heavy appetizers and a dessert selection. Transportation will be arranged with VAC, and Child Care will be offered if needed.
 - iv. Marketing – Heaven shared updates on the Tool Kit that will be shared with funded agencies. The marketing channels used for the survey will be utilized to highlight the Town Hall.
 - v. Budget Discussion – Ms. Cada will be submitting a budget request to the DCCMHB Finance Committee for this event. Discussion ensued about budget needs, including sign language interpretation and Spanish-language interpretation, printing needs, refreshments, transportation, and child care.
 - vi. Program Development – Discussion ensued that Committee Members should present the survey information. At the next meeting, the Committee will be presented with an outline of the Survey, and sections will be assigned. Local mental health providers and other resource providers will be invited to attend the Town Hall and may be asked to address sections or answer questions. A Health Department representative will be invited to discuss healthcare navigation.
 - vii. Community takeaways – Both print and online resources will be available as takeaways for those in attendance. Several printed CEBiB reports will be available. Ms. Cada will look into a QR code for online options.
 - viii. Committee Takeaways – Committee members hope to learn ideas for implementing areas noted in the survey, possible recruitment of new committee members, and additional information

- gathering. The committee will work on creating a feedback loop with the community.
- ix. Other – The church does have the ability to livestream the event. The event will be live-streamed on the church’s Facebook page, and other options will be considered. Ms. Washington will check into streaming options.
 - c. Engaging the Religious Community – Ms. Cada will contact Pastor Joe Mitchell about connecting with the religious community. Once the date is selected, Ms. Cada will extend that invitation to the committee leadership.
- 5. New Business – No new business.
 - 6. Next Steps – The next meeting will inform additional next steps.
 - 7. Date of next CEBiB Committee Meeting – Monday, October 16, 2023, at 7:30 p.m.
 - 8. Adjournment – Ms. Smith made a motion to adjourn at 6:57 p.m., and Dr. Stromborg 2nd, motion passed.

The background image shows a modern building entrance. Above a large glass door, the words "MENTAL HEALTH" are mounted in large, light-colored, three-dimensional letters. The glass door has a "PUSH" sign at the bottom. Through the glass, an interior office space is visible, featuring a desk, chairs, and a poster on the wall. The overall scene is brightly lit, suggesting an indoor or well-lit outdoor environment.

CEBiB Town Hall Program Discussion

DCCMHB

October 16, 2023

CEBiB Town Hall Presentation

Monday, November 6, 2023

6:00 – 7:30 p.m. – Presentation

7:30 – 8:30 p.m. – Refreshments and Fellowship



Logistics Update

- Secured Spanish Language Translator
- Looking into Sign Language Interpreter
- Transportation secured through TransDev
- Flyer updates
- Looking into Health Insurance Navigator options
- Connected with funded providers – marketing assistance and survey
- Website changes: www.dcmhb.org

Presentation Outline & Assignments

Section 1:

Welcome, Introductions, History, and Purpose of CEBiB.

Survey Methodology – Collection and Analysis

Limitations of Survey – Lack of male respondents, those under 18 – 24 years old, residents outside of DeKalb, Sycamore, and Cortland.

Survey Findings

Section 2:

Awareness of Mental Health Services – 75.2% Aware

Those community members most likely not aware:

Hispanic or Latino

Multiracial

Black or African-American

Newer residents to the County (five or fewer years)

Discussion about how to address this information.

Survey Findings

Section 3

Overview: Where would you be most comfortable receiving services?

Specific populations:

- Black or African-American
- Multi-racial/any other race
- Hispanic/Latino
- Age differences
- LGBTQIA+

Survey Findings

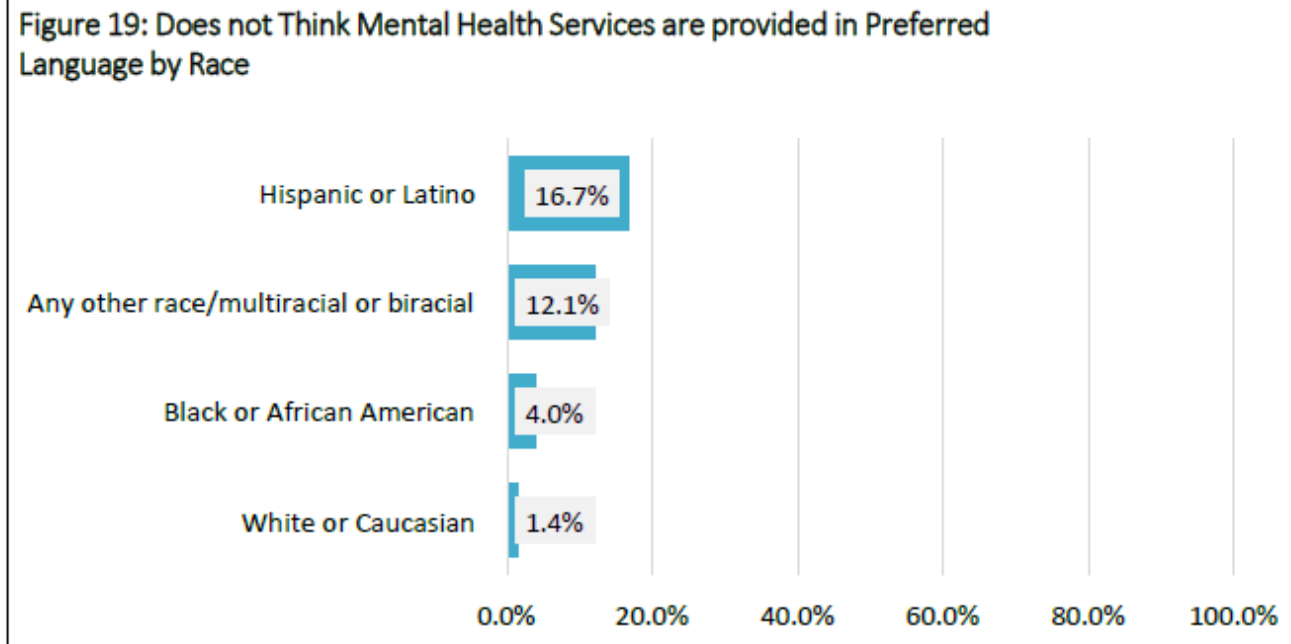
Section 3

Table 2: If you are having an emotional or mental health issue and want to connect with a professional about mental health concerns, would you prefer someone similar or different from you in terms of...? (Multiple Responses Possible)

	Similar	Different	No Preference
Race	24.8%	1.4%	73.9%
Ethnicity	21.8%	1.4%	76.8%
Gender	41.5%	3.8%	54.7%
Sexual Orientation	21.4%	1.5%	77.1%
Religion	29.3%	1.8%	68.9%
Age	21.9%	4.7%	73.3%

Survey Findings – Section 3

A significant difference for *lack of service availability in their preferred language* was found by Race/Ethnicity and is displayed in Figure 19. The greatest proportion of respondents (16.7%) who believe mental health services are *not available in their preferred language* identified as Hispanic or Latino.



Those respondents who indicated that they *currently do not receive mental health services* could choose from over 20 reasons why they have not sought help from a mental health professional. Results for this question are displayed in Figure 25. The most popular responses included, “I don’t have a problem (34.4%),” “Cost of service or lack of insurance coverage (30.4%),” “I have to wait too long for an appointment (18.0%),” and “I don’t know where or how to get help (17.6%).”

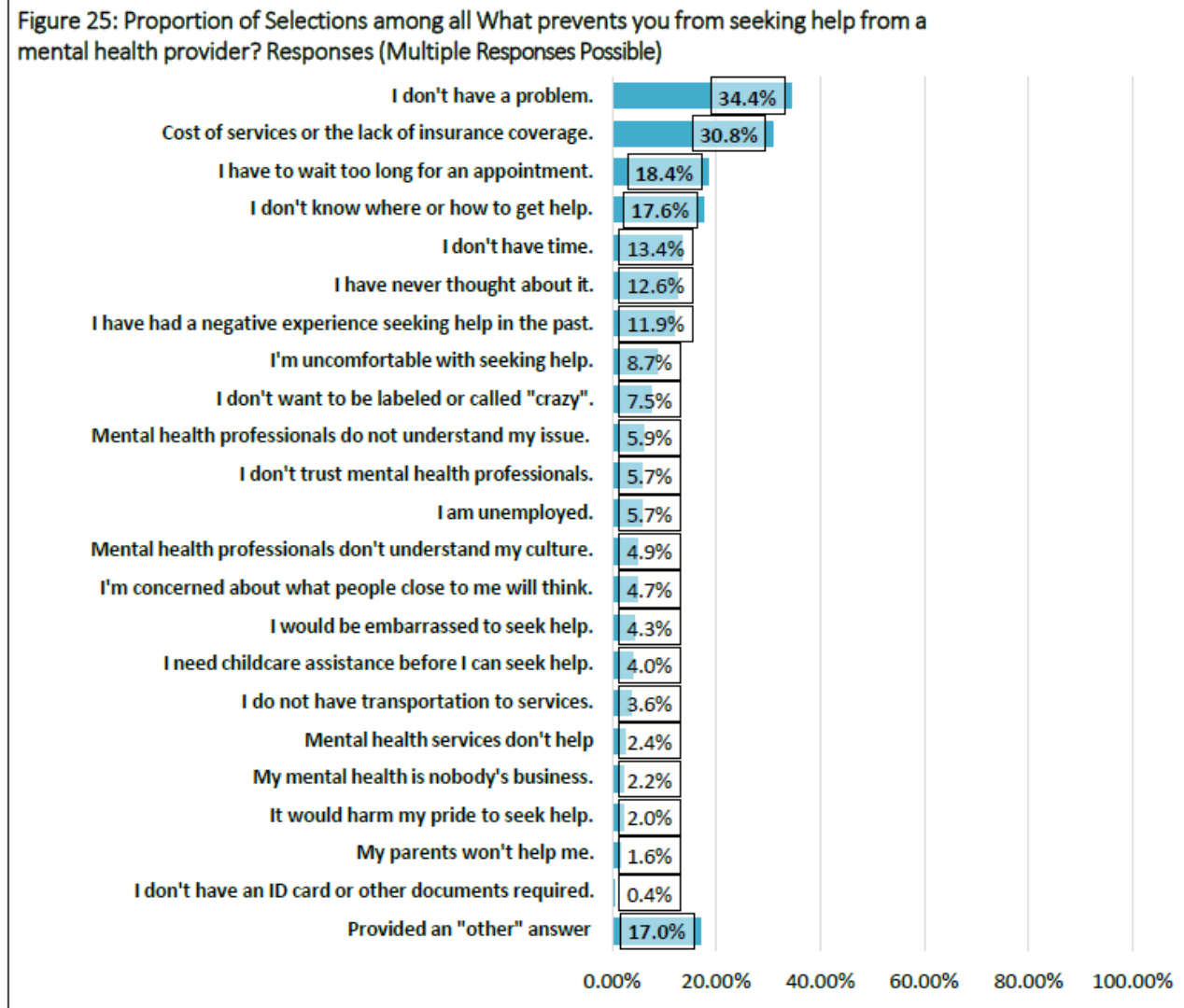
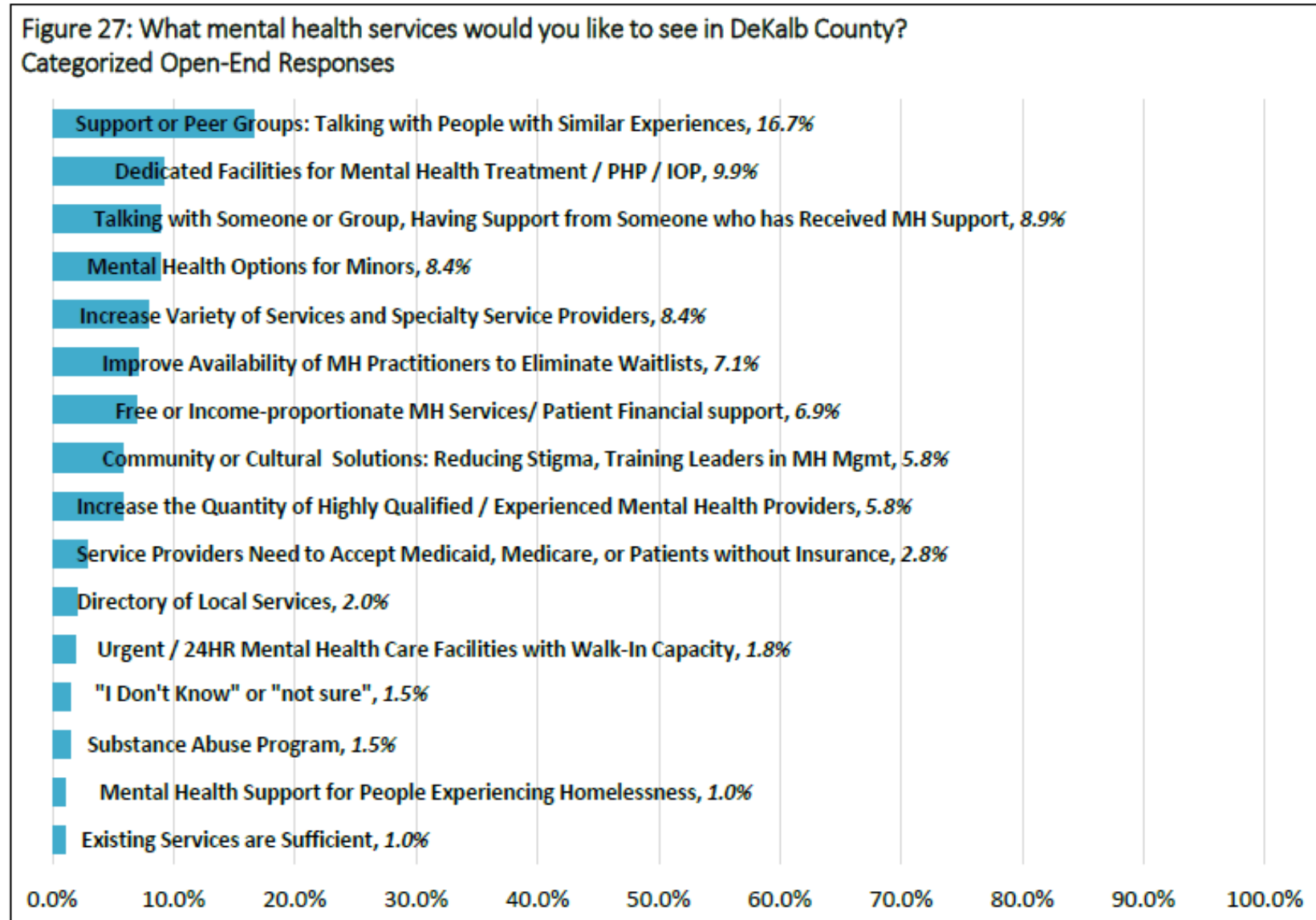


Figure 27 summarizes the themes from the responses to the question *What mental health services would you like to see in DeKalb County?*



Conclusion & Next Steps – Section 4

- 1) Greater communication with specific groups to focus on how to get services.
- 2) Mental Health support should be offered in a variety of settings.
- 3) Mental Health professionals should represent the makeup of the DeKalb County population.
- 4) Barriers to access should be addressed
 - 1) Cost of service/lack of insurance
 - 2) Wait times
 - 3) Language barriers
 - 4) Lack of specialty providers
 - 5) Education and stigma reduction

What is Missing in Presentation?

- What other areas should we highlight and address?

