

Collaboration for Equity and Belonging in Behavioral Healthcare (CEBiB) Meeting Minutes

January 30, 2024

6:00 – 7:00 p.m.

In Person

Five Seasons Room

Community Outreach Building, 2500 N. Annie Glidden Road, DeKalb, IL 60115

APPROVED

Committee Members Present: Lisa King, India Washington, Jane Smith, Dr. Robert Cook, Dr. Quiana Jones, Yemilei Schroeder, Sabrina Nicholson

Staff Present: Heaven Allen, Deanna Cada

Other: Dr. Michelle Vaughn, Executive Director & President, Kishwaukee United Way

1. Call to Order – Dr. Cook called the meeting to order at 6:02 p.m.
2. Approval of Agenda – Ms. Smith moved to approve the agenda, and Dr. Cook 2nd was approved by consensus.
3. Approval of Minutes from 10/30/2023 – Ms. Smith moved to approve the minutes, and Dr. Cook 2nd was approved by consensus. A welcome and committee introductions followed.
4. 211 Presentation – Dr. Vaughn, Executive Director & President, Kishwaukee United Way, gave a presentation about 211 in DeKalb County. Dr. Vaughn shared the history, goals, marketing, and current state of 211.
5. Old Business
 - a. DeKalb Area Belonging Council Updates
 - i. dr. powell presentation November 27, 2023 – Heaven reported on her experiences with dr. powell including a powerful meeting with DeKalb High School students. The Belonging Council is working with the school and FSA to engage youth voices in the belonging work.
 - b. Town Hall Debrief
 - i. Notes & observations – Sabrina shared that the townhall was a positive experience with good information. Dr. Jones stated that the feedback and engagement were helpful, especially around workforce recruitment and retention. Discussion ensued about the need for intentional support with workforce issues. India shared that she was happy with the turnout and to see the support from local providers. The event was a true townhall with community conversation and not just a one-sided presentation. Dr. Jones shared that future events need to include a plan for clean-up that involves the whole committee and not just one or two people. Discussion ensued on the next steps and whether we should continue the townhall model. It was decided that once progress is made on the goals another townhall should occur as a report on progress.
 - c. Engaging the Religious Community – Sabrina reported meeting with Pastor Joe Mitchell and Regina Parker to discuss partnerships with NM and NAMI. The NAMI group will be moved to New Hope and will be open to all community members. NM will partner on workshops on hot topics and then have time for open conversations. Sabrina will ensure that therapists participating with groups will be culturally competent. The NAMI group will start at the church in March. Discussion ensued about hosting MHFA, but there are concerns about engagement due to the length of the training.
6. New Business
 - a. Educational Pop-up Discussion – This was discussed as an option to educate the community about

behavioral healthcare in general. Jennifer Curtain will join a future meeting to talk more about this opportunity.

- b. How do we engage more voices in our mission? – The committee continues to recruit new members with different perspectives to participate.
-
7. Date of next CEBiB Committee Meeting – Set a standing meeting date?
After discussion, it was agreed that Deanna would send out a poll to decide on a standing meeting date and time.
 8. Adjournment – The meeting was adjourned at 7:30 p.m.