

**DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD**  
**MINUTES OF MEETING**  
**May 20, 2024**

APPROVED

Board Members Present: Jane Smith, Robert Cook, Marilyn Stromborg, Meghan Cook, Jennie Geltz, Sue Plote, Lana Haines  
Board Members - Absent: Laurie Emmer, Perry Maier  
Other Persons Present: Quentin Ingram -Intern at Centennial Counseling; Katie Watts – Board Development Consult  
Office Staff Present: Deanna Cada, Heaven Allen

**1. Call to Order**

The President, Jane Smith, called the meeting to order at 6:32 p.m.

**2. Pledge of Allegiance**

President Smith led the Pledge of Allegiance.

**3. Agenda**

*Dr. Stromborg moved to approve the agenda, seconded by Ms. Cook. The motion passed unanimously.*

**Agency Presentation – none**

**4. Minutes**

*Ms. Cook moved to approve the minutes of the 5/20/2024 Board meeting, seconded by Dr. Stromborg. The motion passed unanimously.*

**5. Announcements - None**

**6. Director's Report**

- Ms. Cada introduced the newest DCCMHB Member, Lana Haines
- Ms. Cada shared that she met with Heather Edwards, Director of DeKalb County Community Gardens, to discuss updates.
- Ms. Cada shared that she presented to the Dek Co. Employees for a Mental Wellness presentation; Ms. Cada stated it was well received and was invited to present to the Circuit Clerk's office for a more in-depth presentation. Ms. Cada shared that through May, the Mental Health Board funded Forest Bathing for County Employees, which went well.
- Ms. Cada discussed the suicide prevention committee's hosting of a series of Suicide Prevention, intervention, and Awareness training for clinicians over three days. Participants will receive free CEUs set up by NIU.
- Ms. Cada shared that on May 10<sup>th</sup>, the DCCMHB hosted an Autism presentation with Dr. Timothy Wahlberg. Ms. Cada stated it was well received by participants.
- Ms. Cada shared that on May 14<sup>th</sup>, Ms. Allen and she attended the "In My Shoes" Event hosted by Northwestern Medicine. Ms. Cada shared that through the event, she was contacted to present to teachers in Sycamore Schools, and she gave a 15-minute presentation on tips for peer support and self-care.
- Ms. Cada shared that her daughter Bri has graduated with her Master's and has accepted a position full-time with Youth Outlook.

**7. Community Input**

None

## **8. Finance Reports**

- A. Monthly budget report: April 2024
- B. Claims – Agency and Office for May 2024– Action Needed

*Ms. Smith moved to approve the May 2024 agency claims for \$245,822.74, seconded by Dr. Cook. The motion passed unanimously on a roll call vote. Dr. Cook-Yes, Ms. Cook- Yes, Ms. Smith-Yes, Ms. Haines -Yes, Ms. Geltz- Yes, Ms. Plote-Yes, Dr. Stromborg-Yes*

*Ms. Cook moved to approve the May 2024 office claims for \$3230.60, seconded by Ms. Smith. The motion passed unanimously on a roll call vote. Dr. Cook-Yes, Ms. Cook- Yes, Ms. Smith-Yes, Ms. Haines -Yes, Ms. Geltz- Yes, Ms. Plote-Yes, Dr. Stromborg-Yes*

## **9. Executive Committee**

- a. Slate of Officers for 2024 -2025- Action Needed

*Ms. Haines moved to accept the proposed Slate of Officers for 2024-2025, seconded by Dr. Stromborg. The motion passed unanimously on a roll call vote. Dr. Cook-Yes, Ms. Cook- Yes, Ms. Smith-Yes, Ms. Haines -Yes, Ms. Geltz- Yes, Ms. Plote-Yes, Dr. Stromborg-Yes*

*Slate of Officers: Meghan Cook – Board President*

*Dr. Marilyn Stromborg – Vice President*

*Perry Maier – Secretary*

- b. 2023 Annual Report – For Informational Purposes – Ms. Cada shared that the Annual Report will be distributed at the June Board Meeting
- c. Board Development – Katie Watts – The Board was led through team building exercises and discussion in Goals of Collaboration

## **10. Finance Committee**

- a. Grant Year 2025 Grant Allocations – Action Needed
  - a. Adventure Works GY2025 Request – Ms. Cada led the Board through a final discussion of the GY2025 Allocations

*Ms. Plote moved to accept the Grant Year 2025 Grant Allocations as presented, seconded by Ms. Smith. The motion passed unanimously on a roll call vote. Dr. Cook-Yes, Ms. Cook- Yes, Ms. Smith-Yes, Ms. Haines -Yes, Ms. Geltz- Yes, Ms. Plote-Yes, Dr. Stromborg-Yes*

## **11. Impact Committee –**

- a. Updates – No Updates

## **12. CEBIB Committee**

- a. Community Outreach Activities –
- b. Next Meeting 5/28/2024 @ 6:00pm

## **13. Ad Hoc Young Child Behavioral Healthcare Committee**

- a. Meeting on May 15<sup>th</sup>, 2024

## **14. Old Business**

- a. One-Year & Three-Year Plan Update – The ROE IRIS proposal was approved. This will be the strategy for the young child priority.
- b. Strategic Plan Review

## **15. New Business**

**16. Adjournment**

1. Next Board Meeting

- a. June 17, 2024, at 6:30 p.m. – Regular Board Meeting

Ms. Smith adjourned the meeting at 8:19 pm.

Respectfully submitted,

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Jane Smith, Board President

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Heaven Allen, Recording Secretary