

DEKALB COUNTY COMMUNITY MENTAL HEALTH BOARD
EXECUTIVE COMMITTEE
MINUTES OF MEETING

May 07, 2024

Draft

Committee Members Present: Meghan Cook, Perry Maier, Jane Smith

Committee Members Not Present:

Staff Present: Deanna Cada, Heaven Allen

Other Persons Present: Marilyn Stromborg (via Zoom)

1. Call to Order

Ms. Smith called the meeting to order at 6:00 p.m.

2. Agenda

Ms. Cook moved to approve the agenda, seconded by Mr. Maier. The motion passed unanimously.

3. Approval of Minutes

Ms. Cook moved to approve the minutes of the 04/02/24 meeting, seconded by Mr. Maier. The motion passed unanimously.

4. Office Report

Ms. Cada shared the upcoming “In My Shoes” community event by NM Living Room, Staff. The event is on May 14th, and it will showcase pieces of artwork and spoken word expressing journeys through mental illness.

Ms. Cada shared the upcoming professional development. This Friday, May 10th, Dr. Tim Wahlberg will present on working with individuals on the autism spectrum. So far, 20 people have signed up for the training.

Ms. Cada shared that last Friday, she attended an event at NIU called “Trek Talk.” Ms. Cada stated she was invited by Joe King to showcase the Penguin Players, who won a \$5,000 reward.

Ms. Cada shared that she attended one day of the Future Outlook Conference; she said it was well attended and had great sessions.

Ms. Cada shared she attended “Unite for Recovery” at NIU, A panel discussion on Substance Use hosted by Giselle Navarro. Sauk Valley Voices of Recovery was on the Panel. It was a great discussion.

Ms. Cada announced that Lana Haines has been appointed to the Mental Health Board. She has completed her orientation with the office and will attend the May Board Meeting.

Ms. Cada shared that she will be involved in a podcast with Peyton Adams from the radio station to speak about Mental Health Awareness Month.

5. Public Comment

There was no public comment.

6. Old Business

- A. **Grant Year 2025 Grant Process** – Ms. Cada discussed updating the Business Agent Agreement we have with funded agencies. An updated copy will be sent out with contracts this year
- B. **Annual Policy & Procedure Review** – Tabled until June Meeting
- C. **Slate of Officers 2024 – 2025**: Meghan Cook – President, Dr. Marilyn Stromborg – Vice-President, Perry Maier – Secretary – Ms. Cada announced the slate of officers that will be presented at the May board meeting
- D. **Foundant Shared Service Update** – Ms. Cada gave an update on where they are in the process of Foundant collaboration with the Community Foundation

7. New Business

- A. **FY2023 Annual Report**—Ms. Cada disseminated the annual report to be reviewed by the committee and will share it additionally with the board at the May Meeting.
- B. **Board Development Process** – Ms. Cada discussed starting the board development process with Katie Watts; Katie will speak to the board at the May and June Board Meetings, and then we will dedicate our Retreat to Board Development
- C. **Suicide Prevention Committee Update** – Ms. Cada shared the committee is hosting a professional development for clinicians to understand suicide ideations differences and how to ask about suicide. There will be CEUs available for attendees. Ms. Cada shared they are also working on a community event to engage youth groups

8. **One-Year/Three-Year Plan update** – Next Discussion in June

9. **Date of Next Executive Committee Meeting:** June 4, 2024, at 6:00 p.m.

10. Adjournment

The meeting was adjourned at 6:25 p.m.

Ms. Cook moved for adjournment, seconded by Ms. Smith. The motion passed unanimously.

Respectfully submitted,

Meghan Cook, Board Vice-President

Heaven Allen, Recording Secretary